

CITY OF LAKE FOREST

Summer 2010

June, July, August

Leisure Times



Join us for our Annual Parade on **Saturday, July 3rd at 10:00 am!**

See page 3 for more info.

LEISURE TIMES INDEX

	PAGE NUMBER
City Special Events	1-4
Summer Concert Series	1
• Don't Stop Believin' and Gaby Moreno	
• An Evening With Rita Coolidge: Special Guest Kina Grannis	
• Pacific Symphony & Target present	
"Symphony in the Cities" End of Summer Spectacular	
• Summer Special Events Calendar	2
• Independence Day Parade 2010	3
• Family Campout at Pittsford Park	4
• Bunco or Bust	4
• Family Swim at Trabuco Hills High School Pool	4
• "Dive-In Movies" at Trabuco Hills High School	4
• 2010 Movies in the Park	4
Nature Park & Hikes	5
• Blues & BBQ	5
• Coyote Brush Hike	5
Youth	5
• Rec 'N Roll	5
Etnies Skatepark of Lake Forest	6-13
• Riverbed Cleanup and	
Environmental Awareness Day	6
• Band Nights at the Skatepark	6
• Seventh Annual Skateboard Speed Demon	
Boarder Cross Race	7
• Expression Session Tile Fundraiser 2010	7
• Fourth of July Skatepark Skate Float and	
Design Committee	8
• Skate-fest 2010 Summer Campout	8
• BMX Summer Skatepark Campout	8
• Birthday Parties at the Skatepark	9
Skatepark Camps	10
• Etnies Summer Skateboard Camp	10
• Summer Video Skate Camp	10
Skatepark Classes	11-13
• Beginning Skateboard Lessons	11
• Intermediate Skateboard Lessons	11
• Private Skateboard Lessons	12
• Beginning BMX Private Lessons	13
Teen Activities & Excursions	13-14
• Advisory Committee for Teens – ACT	13
• Teen Battle of the Bands	13
• The Lounge	14
• Sony Pictures Studio Tour	14
• Magic Mountain	14
Community Services	15
• Police Services Offers Free Car Seat Inspection	15
• Police Services Offers Free Shredding	15
Senior Programs	15-19
• Senior Transportation, An Easier Way To Go!	15
• Senior Calendar	15
• Non-Emergency Medical Transportation	15
• Senior Scene – A Clubhouse for Seniors	16
• Drop-In Computer Lab Hours	16
• Crafty Crafters	16
• Young At Heart – Lake Forest Seniors Reading Circle	16
• Cell Phones For Life	16
• Senior Golf Days at	
Lake Forest Golf and Practice Center	17
• Senior Bowling League at Forest Lanes	17
• Health Insurance Counseling	
and Advocacy Program	17
• Need to Know Numbers	18
• AARP Driver Safety Course	18
• Senior Box Lunch Program	18
• Senior Scene Clubhouse 4th of July Parade Float	19
• Happy Trails Western BBQ Dinner Dance	19
Excursions	19-20
• Camp Pendleton Tour & Lunch at the Mess Hall –	
Oceanside	19

	PAGE NUMBER
• Old Town Trolley Tour of San Diego & Shopping	
at Seaport Village	20
• Harrah's Rincon Casino & Resort –Valley Center	20
Senior Emeritus Classes	20-22
Computers	21
• Intro to Personal Computers	21
• Intro to Internet & E-mail	21
• Intro to Digital Photo Imaging	21
Fitness	21
• It's Never Too Late Fitness	21
• Dyna Bands Workout and Arthritis Exercise	21
• Pilates	22
• Aquatic Fitness Training	22
• Physical Fitness: Yoga w/Fleur	22
• Tai Chi Ch'uan	22
Summer Camps	22-24
• Lake Forest's Parent & Me Sports Camp	22
• Lake Forest's Junior Stars Sports Camp	22
• Lake Forest's Little Pioneers Camp	23
• Lake Forest ROCKS Camp	23
• Theater Games Camp	23
• Modeling Development Camp	24
• Junior Tennis Camps	24
• "Summer of Art" Camp	24
• Kids Fitness Camp	24
• Pre-Engineering with LEGO	24
• Engineering Fundamentals with LEGO	24
Recreation Classes	25-31
Youth	25-28
• Small Fry Sluggers League	25
• Parent & Me Princess Ballet and Dance	25
• Princess Ballet Series	25
• TriFytt Sports: Parent and Me Soccer	26
• TriFytt Sports Soccer Skillz Clinic	26
• TriFytt Sports Tee-Ball Skillz Clinic	26
• TriFytt Sports Flag Football Skillz Clinic	26
• TriFytt Sports Volleyball Skillz Clinic	26
• Parent & Me Yoga	27
• Youth Yoga Classes	27
• Discover Ceramics	27
• Music Together	27
• Bumper Bowling	28
• Bowling for Fun	28
• Youth Kung Fu and Conditioning Class	28
• Tennis For Everyone ~ Youth	28
Family	29-30
• A Tribute to "The Sound of Music" Auditions	
and Performance	29
• Beginning Guitar	29
• Dog Obedience Class	29
• Seriously Awesome Sitters	29
• CPR: Adult, Child & Infant	30
• Basic First Aid	30
Adult	30-31
• Genealogy – Getting Started	30
• Floral Design Workshops	30
• Kung Fu: Self-Defense	31
• Tai Chi: Relaxation, Balance and Stress Reduction	31
• Tennis For Everyone ~ Adult	31
Special Needs	32
• Us Too Gymnastics – Mommy and Me	32
• Pragmatics, Gymnastics, Discussion and Percussion	32
• Us Too Tap	32
• Saddleback Strikers	32
Fall Events Preview	33
Library Programs	34
How to Register	35
Program Registration Form	36



Contact Information

Lake Forest Community Center
25550 Commercentre Dr
Lake Forest, CA 92630
461-3450
www.lakeforestca.gov

Etnies Skatepark
of Lake Forest 916-5870
www.etnieskateparkoflakeforest.com

Lake Forest Teens 461-3446
www.LFteens.com

Lake Forest Seniors 461-3408
www.lakeforestca.gov/seniors

IVC Emeritus
Registration 451-5555

SVUSD
Recreation 768-0981, press 3

Building Inspection 461-3470

City Clerk 461-3420

City Council 461-3400

City Manager's Office . . . 461-3410

Community
Policing Center 461-3530

Employment Hotline 461-3418

Fields Hotline 461-3595

Graffiti Hotline 461-3583

Planning 461-3491

Public Works 461-3480

Recreation 461-3450

Redevelopment 461-3567

Front Cover Photo: John McGuire

Community Services Summer Quarter HOLIDAY/CLOSED FRIDAY SCHEDULE

For general questions regarding Community Services Programs on these days visit the City website at www.lakeforestca.gov. You can also register for programs even on these closed days. Visit our on-line registration at online.activecommunities.com/lfreconline.

The Community Services Department will be closed on the following holidays: **(No classes will be held on these dates.)**

- Monday, July 5 (in observance of July 4th holiday)

City Hall is closed to the public on alternating Fridays, with staff working longer hours until 6:00 pm during the remainder of the work week to serve you better! During the months of June, July, and August, City Hall is closed on the following Fridays:

- Friday, June 11
- Friday, June 25
- Friday, July 9
- Friday, July 23
- Friday, August 6
- Friday, August 20



CITY SPECIAL EVENTS

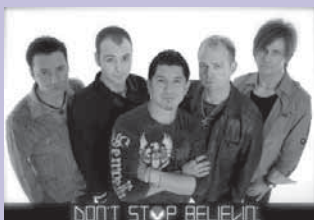
Summer Concert Series



Don't miss your chance to be part of a Lake Forest summertime tradition – the Annual Summer Concert Series in the Park! These family-oriented concerts are a summertime favorite and will once again bring City of Lake Forest families together to rock out, dance, and enjoy the Pacific Symphony. Refreshments supporting local non-profit groups will be available for purchase. For more info, call 461-3450 or visit the City's website at www.lakeforestca.gov. All concerts are held at Pittsford Park (21701 Pittsford Drive).

Don't Stop Believin' and Gaby Moreno

A group of professional musicians from Los Angeles have joined together to pay tribute to a great American band. They call themselves "Don't Stop Believin'." As faithful fans of Journey's music, DSB is committed to staying true to Journey's legacy, while bringing a fresh pulse to the heart of their songs. Since its inception, DSB fills venues to capacity with crowds singing and cheering the great hits of this chart-topping band. DSB infuses the air with electricity and ignites the crowd with energetic fire! Kick-starting this summer concert event will be the Winner of the 2006 John Lennon songwriting contest, Gaby Moreno. Besides writing her own music, her songs have been featured on various hit TV shows, including "Parks and Recreation." Gaby Moreno is on the rise. She's excited for a new decade, new changes, and new challenges. She can't wait to see you out there!



All Ages Jun 27 Sun 5:30-7:30 pm

An Evening With Rita Coolidge: Special Guest Kina Grannis

Most music fans have a favorite song recorded by two-time GRAMMY® award-winner Rita Coolidge – "Fever," "We're All Alone," "One Fine Day," "(Your Love Has Lifted Me) Higher & Higher," "The Way You Do The Things You Do," "All Time High," "Superstar," and so many other memorable tracks that topped the charts from the 1970's onward. It is perhaps due to Coolidge's pop and rock pedigree that many of her fans are unaware of her longstanding affection for jazz, but her latest album is full of wonderful jazz standards. On this beautiful summer evening she is sure to delight the concert fans of Lake Forest with music from the entire spectrum of her career. Kina Grannis returns to the summer concert series with a new album and a new spirit. It has been said of Kina "the guitar sings in her hands and her voice cuts through the room." Her lyrics tell a story, spill out emotions, and confront the eccentricities of life.



All Ages Jul 25 Sun 5:30-7:30 pm

Pacific Symphony & Target present "Symphony in the Cities" End of Summer Spectacular

Back by POPular demand, the City of Lake Forest will once again be graced with a live performance by the Pacific Symphony. This concert offers light pop and classical tunes, patriotic music and special guest artists. There will also be a "musical playground" for your children, which will include a conducting clinic. Children who participate have the opportunity to assist Maestro St.Clair in conducting during a portion of the concert. The program always includes music by some of the world's greatest composers. The Musical Playground will start at 5:30 and the Symphony will perform at 7:00 pm.

All Ages Aug 15 Sun 5:30 pm – Musical Playground
All Ages Aug 15 Sun 7:00 pm – Symphony Performance




Join us for these
summer events
and show your
"All American Spirit!"



NECTAR

Official City of Lake Forest Mascot

DATE	TIME	EVENT	LOCATION	FEE
Fri, June 11	6:00pm	Band Nights at the Skatepark	Etnies Skatepark of Lake Forest	\$5 donation per participant
Fri, June 18	7:30pm	Movies in the Park ~ Cloudy with a Chance of Meatballs	Cherry Park	Free
Sat, June 26	6:00pm	Teen Battle of the Bands	Etnies Skatepark of Lake Forest	\$5 per person
Sun, June 27	5:30pm	Summer Concert Series ~ Don't Stop Believin' and Gaby Moreno	Pittsford Park	Free
Sat, July 3 	10:00am	Independence Day Parade	Toledo Way to Serrano Road	Free
Fri, July 9	7:30pm	Movies in the Park ~ Shrek	El Toro Park	Free
Fri, July 9	6:30pm	Family Swim ~ Featuring Steel Drum Music	Trabuco Hills High School	\$1 per person
Fri, July 16	6:00pm	Band Nights at the Skatepark	Etnies Skatepark of Lake Forest	\$5 donation per participant
Fri, July 16	6:30pm	Reggae Music & Dive-In Movie ~ Kung Fu Panda	Trabuco Hills High School	\$1 per person
Sat-Sun, July 17-18	5:30pm-10:00am	Family Campout	Pittsford Park	\$5 per person
Fri, July 23	6:30pm	Family Swim ~ Featuring Steel Drum Music	Trabuco Hills High School	\$1 per person
Sat, July 24	9:00am	Riverbed Cleanup	Etnies Skatepark of Lake Forest	Free
Sun, July 25	5:30pm	Summer Concert Series ~ An Evening With Rita Coolidge: Special Guest Kina Grannis	Pittsford Park	Free
Fri, July 30	6:30pm	Calyпсо Music & Dive-In Movie ~ Shark Tale	Trabuco Hills High School	\$1 per person
Sun, August 1	3:00pm	Blues and BBQ	L.F. Nature Park	Concert Free
Fri, August 6	6:30pm	Steel Drum Music & Dive-in Movie ~ Free Willy: Escape From Pirate's Cove	Trabuco Hills High School	\$1 per person
Fri, August 13	6:00pm	Band Nights at the Skatepark	Etnies Skatepark of Lake Forest	\$5 donation per participant
Fri, August 13	6:30pm	Family Swim ~ Featuring Calypso Music	Trabuco Hills High School	\$1 per person
Fri, August 13	7:30pm	Movies in the Park ~ Monsters vs Aliens	Mountain View Park	Free
Sat-Sun, August 14-15	10:00pm-9:00am	BMX Summer Skatepark Campout	Etnies Skatepark of Lake Forest	\$45 per person
Sun, August 15	7:00pm	Summer Concert Series~End of Summer Spectacular	Pittsford Park	Free
Sat, August 21	6:00pm	Seventh Annual Slalom Race	Etnies Skatepark of Lake Forest	\$15 per person
Fri, August 20	6:30pm	Family Swim ~ Featuring Reggae Music	Trabuco Hills High School	\$1 per person
Fri, August 20	7:30pm	Movies in the Park ~ Pocahontas	Rimgate Park	Free
Fri-Sat, September 3-4	10:00pm-9:00am	Skate-fest Summer Campout	Etnies Skatepark of Lake Forest	\$45 per person

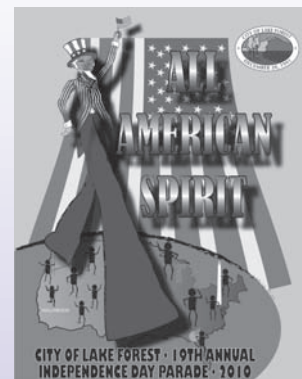
For more info call 461-3450 or visit our website at www.lakeforestca.gov

Independence Day Parade 2010



Saturday, July 3rd 10:00 am

Join the City of Lake Forest, as we celebrate our country's Independence Day, with our Annual Parade on Saturday, July 3rd. This year's theme is "All American Spirit." Be sure to bring your favorite patriotic spirited apparel and join us at our 19th Annual Parade.



The 2010 4th of July Parade Logo designed by Tim Cabrera

All Ages Welcome!

Parade Day Schedule of Events

• 7:00-10:00am Kiwanis Pancake Breakfast

Located in front of El Toro High School gym on Toledo Way. Price: \$5 per person

• 7:30am El Toro High School PSTO Firecracker 5k Run/Walk

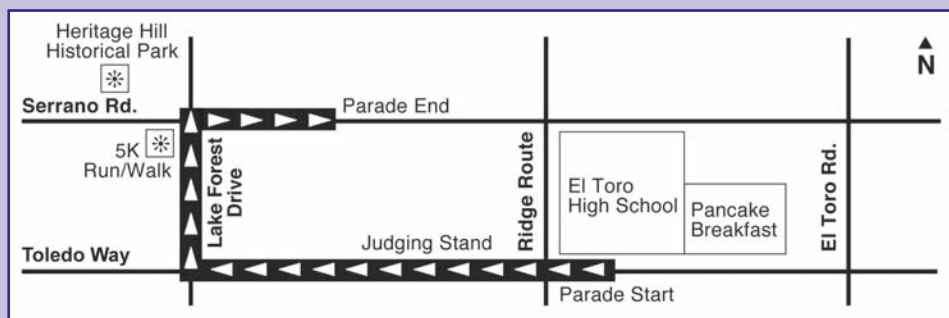
Located at the corner of Lake Forest Drive and Serrano Road. Early Registration Fee before 6/29: (Early registration 6/23 for City drop off) \$10/Students, \$20/Adults (fee includes a T-shirt). Race Day Registration opens at 6:00am: (Packet pick up & prior to Race Day 4pm to 7pm in front of Ace Hardware Friday 7/2) \$10 for Students, \$25.00 for adults (fee includes a T-shirt). For additional information visit www.lakeforest5k.org

• 10:00am "All American Spirit" Independence Day Parade

Parade starts at the corner of Toledo Way and Ridge Route Drive (in front of El Toro High School) and ends on Serrano Road before Ridge Route. For additional information call the Parade hotline number at 461-3591, the Community Services Department at 461-3450, or visit www.lakeforestca.gov/4thjuly



Fourth of July Parade Route • Saturday, July 3rd, 2010



Thank you to our parade sponsors



Your Friend in the Digital Age.





Family Campout at Pittsford Park

Don't miss Camp Pittsford this year! Pack up your family and your tent and come camp out in our backyard! The evening will be filled with pizza, campfire songs, games and activities, and a delicious early morning breakfast at the park. Children must be 4 years or older and must be accompanied by a parent. Check in at 5:30 pm to set up your tent before dinner. Participants must provide their own tents and sleeping bags, and any personal items.

Fee: \$5.00 per person

Location: Pittsford Park
(21701 Pittsford Dr)

To Register: Mail or hand deliver the Lake Forest Program Registration Form on page 36 with a check made payable to: City of Lake Forest. Online registration is not available for this activity.

For more info call: The City of Lake Forest at 461-3450

Act#:1577 Family 4 yrs+ Jul 17-18 Sat, 5:30 pm-Sun, 10:00 am

Bunco or Bust

Calling all Bunco players! We're having some-kind-of-fun at Bunco or Bust! You don't need to know how to play BUNCO...we'll teach you! No skill is involved – just luck...lots of it! The only thing you need to know is how to roll dice. Before Bunco begins, enjoy yummy appetizers, non-alcoholic margaritas and beverages. Prizes will be given away...so what's stoppin' ya?

Fee: \$7.00 per person

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: Online, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#:1625 Adults/Seniors Jun 18 Fri 7:00-9:30 pm



Family Swim at Trabuco Hills High School Pool

Relax with your family on Friday nights at the pool. Enjoy swimming, snacks and live entertainment from islands around the world, including Steel Drums, Reggae, and Calypso sounds. Make Family Swim the perfect way to unwind for the weekend.

Fee: \$1 per person

Location: Trabuco Hills High School
(27501 Mustang Run, Mission Viejo)

To register: No pre-registration required

For more info call: SVUSD at 768-0981, press 3

Family	Jul 9-Aug 20	Fri	6:30-9:30 pm	THHS Pool
Jul 9	Steel Drum Music	Aug 6*	Steel Drum Music	
Jul 16*	Reggae Music	Aug 13	Calypso Music	
Jul 23	Steel Drum Music	Aug 20	Reggae Music	
Jul 30*	Calypso Music			

*Dive-In Movies will begin at 8:00 pm on these dates

"Dive-In Movies" at Trabuco Hills High School



Join us for three special evenings at the pool with a great movie from 8:00-9:30 pm! What better way to cool off on a Friday night than to relax in the pool with your family. Snacks are available for purchase!

Jul 16	"Kung Fu Panda"
Jul 30	"Shark Tale"
Aug 6	"Free Willy: Escape From Pirate's Cove"

Fee: \$1 per person

Location: Trabuco Hills High School
(27501 Mustang Run, Mission Viejo)

To register: No pre-registration required

For more info call: SVUSD at 768-0981, press 3

Family	Jul 16-Aug 6	Fri	8:00-9:30 pm	THHS Pool
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2010 Movies in the Park



This summer program comes back bigger and better than ever! Our summer Movies in the Park event will feature an inflatable big screen, more movies, and lots of surprises for the whole family! Bring your friends, family, and a blanket for free movies and fun under the stars. The 2010 movie series will feature the award-nominated "Cloudy with a Chance of Meatballs," and the modern classic "Shrek." Then as a special bonus this summer, we will have fun on Friday the 13th with a viewing of "Monsters vs Aliens." Lastly, we will turn back the clocks to feature one of the most famous family movies ever – Disney's masterpiece "Pocahontas."

Fee: Free! (Snacks will be available for a nominal fee)

Location: Cherry Park (22651 Cherry Ave) – Jun 18
El Toro Park (23701 Los Alisos Blvd) – Jul 9
Mountain View Park (4061 Dylan St) – Aug 13
Rimgate Park (29772 Rimgate) – Aug 20

For more info call: The City of Lake Forest at 461-3450



Family	"Cloudy With A Chance of Meatballs" (PG)	Jun 18	Fri	7:30 pm
Family	"Shrek" (PG)	Jul 9	Fri	7:30 pm
Family	"Monsters vs. Aliens" (PG)	Aug 13	Fri	7:30 pm
Family	"Pocahontas" (G)	Aug 20	Fri	7:30 pm



NATURE PARK & HIKES



Blues & BBQ

August is the end of the summer, but there is no reason to feel "blue" when you can hear the "Blues!" That's right... The City of Lake Forest is proud to present the "Blues Hounds." The "Blues Hounds" have been around since the summer of 2003. In that short time, they have had the opportunity of backing Chicago blues guitar legend Eddie C. Campbell and blues keyboard legend Deacon Jones. When the "Blues Hounds" play the Nature Park, there is always a surprise! During the past 3 years there have been various guest artists who sat in on the fun. Just to add to the Blues Flavor, the City of Lake Forest will be holding a good old-fashioned BBQ. Yes, there will be food and refreshments available for a nominal fee.

Fee: Free

Location: Lake Forest Nature Park
(26215 Dimension Dr)

For more info call: The City of Lake Forest at 461-3450

**Families Aug 1 Sun 3:30-4:00 pm (BBQ Begins)
3:00-6:00 pm (Concert)**

Coyote Brush Hike

This is an easy to moderate hike of approximately 3 miles over some hills for ages 10+. Hike will go through deeply forested canyons with oak trees and an array of abundant wildlife. Hike will also feature steep slopes of Coastal Sage Scrub and Chaparral and boast panoramic views of Whiting Ranch.

Fee: \$5.00 (includes Snack and Water Bottle)

Location: Whiting Ranch Park (Glenn Ranch Parking Lot located off of Glenn Ranch Rd), \$3.00 parking fee per vehicle.

To Register: On-Line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1721 10 yrs-Adult Jun 19 Sat 9:00 am-12:00 pm

YOUTH

Rec 'N Roll

Lake Forest is going to ROCK this summer as Rec 'N Roll brings you all the recreation fun that you can handle. Enjoy our recreation center on wheels in the great outdoors! When the Rec 'N Roll staff rolls into your neighborhood park you'll have fun with sports activities, board games, craft projects, water fun, carnival games with prizes, and much more. Each week, recreation staff will have a variety of activities centered around different themes. Best of all it's FREE! Make sure you check out Rec 'N Roll this summer – we're rollin' to a park near you!



Mondays	Cherry Park (22561 Cherry Ave)	1:30-4:00 pm
Tuesdays	Rimgate Park (29772 Rimgate)	10:00 am-12:30 pm
	Peachwood Park (21132 Peachwood)	1:30-4:00 pm
Wednesdays	Concourse Park (18931 Saddleback Ranch Rd)	10:00 am-12:30 pm
	Cherry Park (22561 Cherry Ave)	1:30-4:00 pm
Thursdays	Alton Park (18992 Alton Parkway)	10:00 am-12:30 pm
	Foothill Ranch Community Park (19422 Rue De Valore)	1:30-4:00 pm

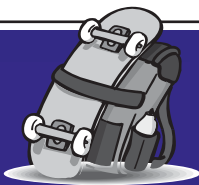
Theme Weeks

Week 1	Sports Week	Jul 12-15
Week 2	Game Mania	Jul 19-22
Week 3	Craft Craziiness	Jul 26-29
Week 4	Carnival Madness	Aug 2-5
Week 5	Parents vs. Kids	Aug 9-12
Week 6	Obstacle Course Fun	Aug 16-19
Week 7	Water World	Aug 23-26
Week 8	Rec 'N Roll Olympics	Aug 30-Sep 2

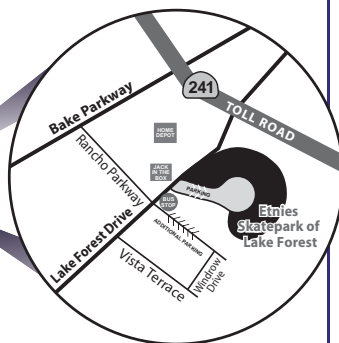
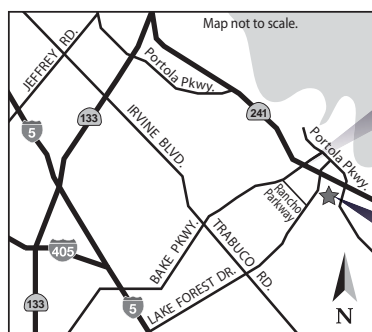
For more info call: The City of Lake Forest at 461-3450



ETNIES SKATEPARK OF LAKE FOREST



**Etnies Skatepark
of Lake Forest**
20028 Lake Forest Drive
Lake Forest, CA 92630



This world class outdoor skating and BMX facility includes features for all skill levels! The Park is open to the public 7 days a week, including most holidays.

Park Entry Fee: Free!

(Non-residents will be charged a \$5.00 fee to cover the cost of a Park I.D. card.)

Location: 20028 Lake Forest Dr

For more info call: The Etnies Skatepark of Lake Forest at 916-5870 or visit the Skatepark Website at www.etniesskateparkoflakeforest.com for updated information on the Park. In the case of inclement weather, please call ahead to see if the Park is open.

SKATE SESSIONS

Mon	10:00 am-7:00 pm
Tues	10:00 am-10:00 pm
Wed	10:00 am-7:00 pm
Thurs	10:00 am-10:00 pm
Friday	10:00 am-10:00 pm
Sat	10:00 am-10:00 pm
Sun	12:30 pm-10:00 pm

BMX SESSIONS

Mon	7:00 -10:00 pm
Wed	7:00 -10:00 pm
Sun	10:00 am-12:30 pm

SKATEPARK SUMMER HOLIDAY SCHEDULE

The Skatepark will be open from 12:00 pm
until dusk on Sunday, July 4th

Riverbed Cleanup and Environmental Awareness Day

Besides recycling onsite, the Skatepark prides itself on making as many Green decisions as possible. Do your part to help out the environment and keep your local Skatepark and environment clean. Donate your time and energy to cleaning up the riverbed and adjacent trails to the Skatepark and receive a free BBQ lunch, drink, and an opportunity prize ticket for some great donated prizes. Bring in your cans and the individual with the most cans will win a new skateboard. All cans will be turned in to the recycling center and funds raised will go directly to the "Keep-N-It Free" campaign. This is an all ages event and a great time for families or individuals wanting to make a difference. If you plan on attending with a large group such as a Boy or Girl Scout troop (this event is great to earn community badges), please email ngates@lakeforestca.gov so we can make sure to accommodate all. This event can also be used for Community Service credits for High School graduation and toward community service hours.

Fee: Free food, drink, and opportunity prize ticket with participation in clean up

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

For more info call: The Skatepark at 916-5870

All Ages	Jul 24	Sat	9:00 am-12:00 pm
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Band Nights at the Skatepark

The Etnies Skatepark of Lake Forest is proud to be the only all ages venue for live music in South Orange County. Skate or enjoy the tunes in a safe environment. Bands like JFA, The Stitches, Dubluva, and many others have donated their time and energy to help raise money to keep our Park free to ride. Support your local Skatepark and enjoy a night of great tunes! Do you have a band interested in playing at the Park? Drop off a demo CD at the Skatepark office with your contact information and we will review it for a future show!

Fee: \$5 entry fee per person

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

For more info and specific bands playing call: The Skatepark at 916-5870

All Ages	Jun 11	Fri	6:00-10:00 pm
All Ages	Jul 16	Fri	6:00-10:00 pm
All Ages	Aug 13	Fri	6:00-10:00 pm

Seventh Annual Skateboard Speed Demon Boarder Cross Race

You better put together your fastest setup and prepare for the only skateboard boarder-cross style race around. This dual elimination style race will pit riders against each other on a challenging course throughout the entire Skatepark. There will be divisions for all ages. Check EtniesSkatepark.com for the latest information and schedule for this contest. Prizes will be awarded to winners.

Fee: \$15 entry fee per person

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

For more info call: The Skatepark at 916-5870

To Register: Sign up at the Skatepark the day of the event ONLY

All Ages Aug 21 Sat 6:00 pm-until completed

Expression Session Tile Fundraiser 2010

Come leave your mark at the Skatepark by participating in our tile fundraiser. For \$50 you will be able to design a 6"x6" tile with whatever you wish (as long as it is acceptable by the City) and it will be placed permanently on the Skatepark grounds. The cement benches will be topped with the tiles designed by you and will remain in place as long as they stay in decent condition. The Skatepark is for all to enjoy, so here is your chance to help "Keep it Free" and leave a personal touch for all to see. Each workshop will be held at the Skatepark and all supplies needed to paint the tiles will be at the participant's disposal. Choose from 10 colors to create your artwork. Payments will be collected at each workshop.

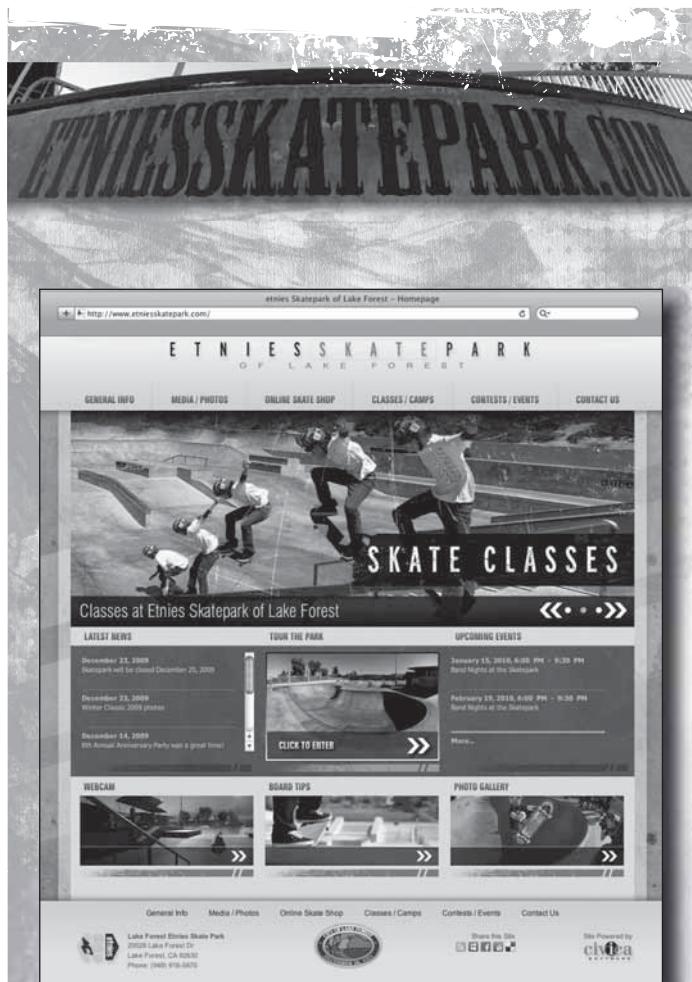
Fee: \$50 per tile – All Ages

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

For more info call: The Skatepark at 916-5870

To Register: Sign up at the Skatepark the day of the event ONLY

All Ages Jul 24 Sat 9:00 am-12:00 pm



Make sure to visit www.EtniesSkatepark.com.

The website features interactive tours of the Park, up-to-date news, links to the Skatepark Twitter and Facebook, photos of recent events, video, and a collection of history and information about the Skatepark not available anywhere else on the web. It is updated weekly with new content so stop by and check it out!

www.EtniesSkatepark.com





Fourth of July Skatepark Skate Float and Design Committee

Show your Skatepark pride while helping build and ride on the Skatepark float in the Fourth of July parade on Saturday, July 3rd. Bring your skateboard and ride along in the parade. All participants **NEED TO WEAR A HELMET** while in the parade on Saturday, July 3rd. We will meet at El Toro High School at 8:00 am on Saturday, July 3rd to finalize the float and set up for the parade. All participants will be treated to pizza and drinks when we return to the Skatepark. This is your chance to skate the streets of Lake Forest and show your support for the world class skateboard facility in Lake Forest. If you wish to help build the float, please call the Skatepark for more information. Come be a part of the design committee at the Skatepark on June 3 and June 24.

Fee: Free

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr)

For more info call: The Skatepark at 916-5870

All Ages	Jun 3	Thu	5:00-6:00 pm
All Ages	Jun 24	Thu	5:00-6:00 pm
All Ages	Jul 3	Sat	8:00 am-12:00 pm



Skate-fest 2010 Summer Campout

End the summer with a bang at the all night annual Skate-fest Summer Campout! If you have ever been to one, you know you're missing out if you don't show up. Visit the Video game VIP lounge, battle in the joust pit, or be King of the Skatepark 2010. Everyone receives dinner, breakfast, drinks, snacks, and candy throughout the night. You may want to bring a sleeping bag and pillow for the camping area, but most of us stay up all night. This event is for all ages and will be supervised by Park Staff. The Skatepark gates will be locked at 10:00 pm and campers will not be permitted to leave until 9:00 am the following morning. Video and photos of the event will be posted on EtniesSkatepark.com.

Fee: \$45 per person

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr)

To Register: Sign up at the Skatepark the night of the event ONLY!

For more info call: The Skatepark at 916-5870

All Ages Sep 3, 4 Fri/Sat 10:00 pm-9:00 am

BMX Summer Skatepark Campout

Be ready to ride all night long! Come celebrate summer with the annual BMX Campout. Visit the Video game VIP lounge, battle in the joust pit, or be Foot Down King of the Skatepark 2010. Everyone receives dinner, breakfast, drinks, snacks, and candy throughout the night. You may want to bring a sleeping bag and pillow for the camping area, but most of us stay up all night. This event is for all ages and will be supervised by Park Staff. The Skatepark gates will be locked at 10:00 pm and campers will not be permitted to leave until 9:00 am the following morning. Video and photos of the event will be posted on EtniesSkatepark.com.

Fee: \$45 per person

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

To Register: Sign up at the Skatepark the night of the event ONLY!

For more info call: The Skatepark at 916-5870

All Ages Aug 14, 15 Sat/Sun 10:00 pm-9:00 am

Skateboard and BMX Birthday Parties at the Skatepark

Make your next party a Skateparty! The Skatepark offers two very popular birthday party packages for the best action sports party available in South Orange County.

Party Package Details

- Both packages are designed for 10 participants with the option of an additional 10 participants.
- Each party is scheduled in a 2-hour block (during the week from 11:00 am-8:00 pm or on weekends from 10:00 am-8:00 pm).
- BMX parties are available during BMX sessions on Sundays from 10:00 am-12:00 pm.
- Reservations are required at least one week in advance with a \$100 security deposit required at the time your reservation is made.
- The Skatepark is open to the public during the birthday party; however, in the case of crowds, an area will be sectioned off to ensure safety and fun.
- The picnic bench area is decorated and reserved for your party goers.

Note: All park policies related to waivers and safety gear are to be followed for party goers and the party host or hostess. Cancellation policy is 72-hour advance notice or loss of deposit will occur.

Inclement weather policy – If the Park is rained out, the party will be rescheduled to the next most convenient time for the Park as well as the participants.

Gold Package - \$350

Our best package includes a Skatepark t-shirt for each participant, birthday cake, drinks, 2 pizzas, choice of music during party, decorations, personalized birthday announcement during party, in-party skateboard contest, table reservation, one staff member during party, and a thirty minute group lesson or demonstration. A film pass is also included for parents to film the party action inside the Skatepark facility. Each additional child will cost \$20 up to a maximum of 20 participants.

Silver Package - \$250

Our most economic package includes birthday cake, drinks, 2 pizzas, choice of music during party, decorations, personalized birthday announcement during party, in-party skateboard contest, table reservation, one staff member during party, and a thirty minute group lesson or demonstration. A film pass is also included for parents to film the party action inside the Skatepark facility. Each additional child will cost \$10 up to a maximum of 20 participants.

Location: Etnies Skatepark of Lake Forest (20028 Lake Forest Dr)



To reserve your birthday party, please email Ngates@lakeforestca.gov or contact the Skatepark at 916-5870. Please ask to speak with a Senior Recreation Leader on duty to reserve your party. Parties are only confirmed when we receive the required security deposit.

SKATEPARK CAMPS



Etnies Summer Skateboard Camp

If you want to excel quickly in your skateboard skills, be it beginner, intermediate, or advanced, sign up now for a week of one of the most attended and success-driven Skateboard Camps in Orange County. Highly experienced instructors will make the week long activities cater to each rider's needs. Skaters will be grouped according to skill levels so everyone receives the best training possible. In-camp clinics cover the basics from ollies and safety to more advanced skills like flip tricks, transition skating, and rails. This world-class Skatepark is home to a wide variety of terrain and has something for everyone. Campers will also experience skateboard videos, games, and hiking. Each participant will receive a camp T-shirt, daily lunch, beverages, and a DVD of the week's highlights produced by the Skatepark staff (allow 4-6 weeks for completion of DVD; they will be mailed out once completed.) Visit EtniesSkatecamp.com for more detailed information.

Fee: \$195 per person

Limited to 10 per session.

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

To Register: Online, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1694	6-16 yrs	Jun 28-Jul 2	Mon-Fri	10:00 am-2:00 pm
Act#: 1695	6-16 yrs	Jul 5-9	Mon-Fri	10:00 am-2:00 pm
Act#: 1696	6-16 yrs	Jul 12-16	Mon-Fri	10:00 am-2:00 pm
Act#: 1697	6-16 yrs	Jul 19-23	Mon-Fri	10:00 am-2:00 pm
Act#: 1698	6-16 yrs	Jul 26-30	Mon-Fri	10:00 am-2:00 pm
Act#: 1699	6-16 yrs	Aug 2-6	Mon-Fri	10:00 am-2:00 pm
Act#: 1700	6-16 yrs	Aug 9-13	Mon-Fri	10:00 am-2:00 pm
Act#: 1701	6-16 yrs	Aug 16-20	Mon-Fri	10:00 am-2:00 pm
Act#: 1702	6-16 yrs	Aug 23-27	Mon-Fri	10:00 am-2:00 pm
Act#: 1703	6-16 yrs	Aug 30-Sep 3	Mon-Fri	10:00 am-2:00 pm

Summer Video Skate Camp

Do you have a passion for filming skateboarding? Then this camp is for you. We will meet at the Skatepark to film and edit a movie of your skating. Participants will become familiar with using the latest version of Adobe Premiere and will have access to the Skatepark's HD JVC camera. Campers are also welcome to bring their own cameras if they choose. Basic filming and editing techniques will be covered during the week. Tripods and a film dolly will also be available. Camp includes daily lunches and beverages. Each camper will receive a DVD including their edit, all the video clips that made the edit, and will have their edit posted on the Etnies Skatepark YouTube and EtniesSkatepark.com website.

Fee: \$195 per person

Limited to 5 per session.

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

To Register: Online, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1704	10 yrs+	Jul 12-16	Mon-Fri	10:00 am-2:00 pm
Act#: 1705	10 yrs+	Aug 9-13	Mon-Fri	10:00 am-2:00 pm



SKATEPARK CLASSES

Beginning Skateboard Lessons

This class is designed for skateboarders who are new to riding their skateboard. These lessons help develop the basic skills needed for beginners, such as pushing correctly, balance, turning, rolling down banks, learning how to Ollie, and the most important topic, safety in the skateboard park. Full protective gear consisting of a helmet, elbow pads, and knee pads is required. A skateboard purchased from a skateboard shop is highly recommended. A quality board turns better, rolls better, and is much safer to use. This class is taught by experienced Skatepark Staff who create results.

Instructor: Skatepark Staff

Fee: \$65 – 4 week session

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1706	6 yrs and up	Jun 1-22	Tue	4:00-5:00 pm
Act#: 1707	6 yrs and up	Jul 6-27	Tue	4:00-5:00 pm
Act#: 1708	6 yrs and up	Aug 3-24	Tue	4:00-5:00 pm
Act#: 1709	6 yrs and up	Jun 5-26	Sat	9:00-10:00 am
Act#: 1710	6 yrs and up	Jul 10-31	Sat	9:00-10:00 am
Act#: 1711	6 yrs and up	Aug 7-28	Sat	9:00-10:00 am

Intermediate Skateboard Lessons

This class is designed for those who have graduated from the Beginning Skateboarding Class and want to learn more advanced skills. Skills covered in this class are increasing height of ollies, basics of flip tricks, grinding ledges, riding the pool and bowl, and overall park usage. This is a fundamental class which can help those wanting to improve and hone their skills. Full protective gear consisting of a helmet, elbow pads, and knee pads is required. This class is taught by experienced Skatepark Staff who create results.

Instructor: Skatepark Staff

Fee: \$65 – 4 week session

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1712	6 yrs and up	Jun 1-22	Tue	5:00-6:00 pm
Act#: 1713	6 yrs and up	Jul 6-27	Tue	5:00-6:00 pm
Act#: 1714	6 yrs and up	Aug 3-24	Tue	5:00-6:00 pm
Act#: 1715	6 yrs and up	Jun 5-26	Sat	10:00-11:00 am
Act#: 1716	6 yrs and up	Jul 10-31	Sat	10:00-11:00 am
Act#: 1717	6 yrs and up	Aug 7-28	Sat	10:00-11:00 am



Skateboarding/BMX Lesson and Camp Inclement Weather Policy

If a class is cancelled by the City of Lake Forest due to weather or other facility related circumstances, a make up session will be held on the last day of class. The lesson will last for 2 hours. If the last day of class is cancelled due to weather or other circumstances, a make up class will be scheduled for the participants on the next available date.

Missed Class Policy

Classes cannot be made up if they are missed by the participant.



Private Skateboard Lessons

If you have completed the beginning and intermediate skateboard classes and want to excel in advanced skills, then private lessons are the next step. The Skull Bowl, ledges, or even the 11 stair handrail may be the most intimidating of obstacles for most, but with a few private lessons they may be easier than you'd expect. Private lessons offered at the Skatepark can cater to your skill level on any of the obstacles for all ages. Lessons are taught by experienced staff that specialize in creating results.

Instructor: Skatepark Staff

Fee: \$40 – per forty five minute session. Sign up for a month of classes at \$160 and receive a discount of \$20. Choose the time that works best with your busy schedules.

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

To Register: Mail-In, Walk-In. On-line registration is not available for this program.

For more info call: The City of Lake Forest at 461-3450

JUNE

Act#: 1719 Jun-A	6 yrs and up	Jun 3	Thu	1:00 pm
Act#: 1719 Jun-B	6 yrs and up	Jun 3	Thu	2:00 pm
Act#: 1719 Jun-C	6 yrs and up	Jun 3	Thu	3:00 pm
Act#: 1719 Jun-D	6 yrs and up	Jun 3	Thu	4:00 pm
Act#: 1719 Jun-E	6 yrs and up	Jun 3	Thu	5:00 pm
Act#: 1719 Jun-F	6 yrs and up	Jun 3	Thu	6:00 pm
Act#: 1719 Jun-G	6 yrs and up	Jun 10	Thu	1:00 pm
Act#: 1719 Jun-H	6 yrs and up	Jun 10	Thu	2:00 pm
Act#: 1719 Jun-I	6 yrs and up	Jun 10	Thu	3:00 pm
Act#: 1719 Jun-J	6 yrs and up	Jun 10	Thu	4:00 pm
Act#: 1719 Jun-K	6 yrs and up	Jun 10	Thu	5:00 pm
Act#: 1719 Jun-L	6 yrs and up	Jun 10	Thu	6:00 pm
Act#: 1719 Jun-M	6 yrs and up	Jun 17	Thu	1:00 pm
Act#: 1719 Jun-N	6 yrs and up	Jun 17	Thu	2:00 pm
Act#: 1719 Jun-O	6 yrs and up	Jun 17	Thu	3:00 pm
Act#: 1719 Jun-P	6 yrs and up	Jun 17	Thu	4:00 pm
Act#: 1719 Jun-Q	6 yrs and up	Jun 17	Thu	5:00 pm
Act#: 1719 Jun-R	6 yrs and up	Jun 17	Thu	6:00 pm
Act#: 1719 Jun-S	6 yrs and up	Jun 24	Thu	1:00 pm
Act#: 1719 Jun-T	6 yrs and up	Jun 24	Thu	2:00 pm
Act#: 1719 Jun-U	6 yrs and up	Jun 24	Thu	3:00 pm
Act#: 1719 Jun-V	6 yrs and up	Jun 24	Thu	4:00 pm
Act#: 1719 Jun-W	6 yrs and up	Jun 24	Thu	5:00 pm
Act#: 1719 Jun-X	6 yrs and up	Jun 24	Thu	6:00 pm



JULY

Act#: 1719 Jul-A	6 yrs and up	Jul 1	Thu	1:00 pm
Act#: 1719 Jul-B	6 yrs and up	Jul 1	Thu	2:00 pm
Act#: 1719 Jul-C	6 yrs and up	Jul 1	Thu	3:00 pm
Act#: 1719 Jul-D	6 yrs and up	Jul 1	Thu	4:00 pm
Act#: 1719 Jul-E	6 yrs and up	Jul 1	Thu	5:00 pm
Act#: 1719 Jul-F	6 yrs and up	Jul 1	Thu	6:00 pm
Act#: 1719 Jul-G	6 yrs and up	Jul 8	Thu	1:00 pm
Act#: 1719 Jul-H	6 yrs and up	Jul 8	Thu	2:00 pm
Act#: 1719 Jul-I	6 yrs and up	Jul 8	Thu	3:00 pm
Act#: 1719 Jul-J	6 yrs and up	Jul 8	Thu	4:00 pm
Act#: 1719 Jul-K	6 yrs and up	Jul 8	Thu	5:00 pm
Act#: 1719 Jul-L	6 yrs and up	Jul 8	Thu	6:00 pm
Act#: 1719 Jul-M	6 yrs and up	Jul 15	Thu	1:00 pm
Act#: 1719 Jul-N	6 yrs and up	Jul 15	Thu	2:00 pm
Act#: 1719 Jul-O	6 yrs and up	Jul 15	Thu	3:00 pm
Act#: 1719 Jul-P	6 yrs and up	Jul 15	Thu	4:00 pm
Act#: 1719 Jul-Q	6 yrs and up	Jul 15	Thu	5:00 pm
Act#: 1719 Jul-R	6 yrs and up	Jul 15	Thu	6:00 pm
Act#: 1719 Jul-S	6 yrs and up	Jul 22	Thu	1:00 pm
Act#: 1719 Jul-T	6 yrs and up	Jul 22	Thu	2:00 pm
Act#: 1719 Jul-U	6 yrs and up	Jul 22	Thu	3:00 pm
Act#: 1719 Jul-V	6 yrs and up	Jul 22	Thu	4:00 pm
Act#: 1719 Jul-W	6 yrs and up	Jul 22	Thu	5:00 pm
Act#: 1719 Jul-X	6 yrs and up	Jul 22	Thu	6:00 pm
Act#: 1719 Jul-Y	6 yrs and up	Jul 29	Thu	1:00 pm
Act#: 1719 Jul-Z	6 yrs and up	Jul 29	Thu	2:00 pm
Act#: 1719 Jul-AA	6 yrs and up	Jul 29	Thu	3:00 pm
Act#: 1719 Jul-BB	6 yrs and up	Jul 29	Thu	4:00 pm
Act#: 1719 Jul-CC	6 yrs and up	Jul 29	Thu	5:00 pm
Act#: 1719 Jul-DD	6 yrs and up	Jul 29	Thu	6:00 pm

AUGUST

Act#: 1719 Aug-A	6 yrs and up	Aug 5	Thu	1:00 pm
Act#: 1719 Aug-B	6 yrs and up	Aug 5	Thu	2:00 pm
Act#: 1719 Aug-C	6 yrs and up	Aug 5	Thu	3:00 pm
Act#: 1719 Aug-D	6 yrs and up	Aug 5	Thu	4:00 pm
Act#: 1719 Aug-E	6 yrs and up	Aug 5	Thu	5:00 pm
Act#: 1719 Aug-F	6 yrs and up	Aug 5	Thu	6:00 pm
Act#: 1719 Aug-G	6 yrs and up	Aug 12	Thu	1:00 pm
Act#: 1719 Aug-H	6 yrs and up	Aug 12	Thu	2:00 pm
Act#: 1719 Aug-I	6 yrs and up	Aug 12	Thu	3:00 pm
Act#: 1719 Aug-J	6 yrs and up	Aug 12	Thu	4:00 pm
Act#: 1719 Aug-K	6 yrs and up	Aug 12	Thu	5:00 pm
Act#: 1719 Aug-L	6 yrs and up	Aug 12	Thu	6:00 pm
Act#: 1719 Aug-M	6 yrs and up	Aug 19	Thu	1:00 pm
Act#: 1719 Aug-N	6 yrs and up	Aug 19	Thu	2:00 pm
Act#: 1719 Aug-O	6 yrs and up	Aug 19	Thu	3:00 pm
Act#: 1719 Aug-P	6 yrs and up	Aug 19	Thu	4:00 pm
Act#: 1719 Aug-Q	6 yrs and up	Aug 19	Thu	5:00 pm
Act#: 1719 Aug-R	6 yrs and up	Aug 19	Thu	6:00 pm
Act#: 1719 Aug-S	6 yrs and up	Aug 26	Thu	1:00 pm
Act#: 1719 Aug-T	6 yrs and up	Aug 26	Thu	2:00 pm
Act#: 1719 Aug-U	6 yrs and up	Aug 26	Thu	3:00 pm
Act#: 1719 Aug-V	6 yrs and up	Aug 26	Thu	4:00 pm
Act#: 1719 Aug-W	6 yrs and up	Aug 26	Thu	5:00 pm
Act#: 1719 Aug-X	6 yrs and up	Aug 26	Thu	6:00 pm



Beginning BMX Private Lessons

Only a few parks in the nation open their doors to the use of BMX riders. The Etnies Skatepark of Lake Forest is proud to be one of the few and extends the invitation to ride your BMX and improve your skills with BMX private lessons. If it's your first day on a bike, or maybe in the park, these lessons help develop basic skills riding park terrain. Jumps, ramps, and flow are all aspects of these new lessons. Full protective gear consisting of a helmet, elbow pads, and knee pads is required.

Instructor: Skatepark Staff

Fee: \$40 – per forty five minute session. Sign up for a month of classes at \$160 and receive a discount of \$20. Choose the time that works best with your busy schedules.

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

To Register: Mail-In, Walk-In. On-line registration is not available for this program.

For more info call: The City of Lake Forest at 461-3450

JUNE

Act#:1720 Jun-A	6 yrs and up	Jun 6	Sun	9:00 am
Act#:1720 Jun-B	6 yrs and up	Jun 6	Sun	10:00 am
Act#:1720 Jun-C	6 yrs and up	Jun 13	Sun	9:00 am
Act#:1720 Jun-D	6 yrs and up	Jun 13	Sun	10:00 am
Act#:1720 Jun-E	6 yrs and up	Jun 20	Sun	9:00 am
Act#:1720 Jun-F	6 yrs and up	Jun 20	Sun	10:00 am
Act#:1720 Jun-G	6 yrs and up	Jun 27	Sun	9:00 am
Act#:1720 Jun-H	6 yrs and up	Jun 27	Sun	10:00 am

JULY

Act#:1720 Jul-A	6 yrs and up	Jul 11	Sun	9:00 am
Act#:1720 Jul-B	6 yrs and up	Jul 11	Sun	10:00 am
Act#:1720 Jul-C	6 yrs and up	Jul 18	Sun	9:00 am
Act#:1720 Jul-D	6 yrs and up	Jul 18	Sun	10:00 am
Act#:1720 Jul-E	6 yrs and up	Jul 25	Sun	9:00 am
Act#:1720 Jul-F	6 yrs and up	Jul 25	Sun	10:00 am

AUGUST

Act#:1720 Aug-A	6 yrs and up	Aug 1	Sun	9:00 am
Act#:1720 Aug-B	6 yrs and up	Aug 1	Sun	10:00 am
Act#:1720 Aug-C	6 yrs and up	Aug 8	Sun	9:00 am
Act#:1720 Aug-D	6 yrs and up	Aug 8	Sun	10:00 am
Act#:1720 Aug-E	6 yrs and up	Aug 15	Sun	9:00 am
Act#:1720 Aug-F	6 yrs and up	Aug 15	Sun	10:00 am
Act#:1720 Aug-G	6 yrs and up	Aug 22	Sun	9:00 am
Act#:1720 Aug-H	6 yrs and up	Aug 22	Sun	10:00 am
Act#:1720 Aug-I	6 yrs and up	Aug 29	Sun	9:00 am
Act#:1720 Aug-J	6 yrs and up	Aug 29	Sun	10:00 am

TEEN ACTIVITIES & EXCURSIONS



Advisory Committee for Teens - ACT

Do you want to make a difference in your community? Do you wish there were more things to do in Lake Forest? Then get **ACT**ive in your community and make it happen by joining the **Advisory Committee for Teens**. Let your voice be heard! Help plan teen activities and excursions, be a part of the LfTeens.com webpage design group, volunteer for City events, and be a part of your community. The committee meets twice a month.

Fee: Free!

Location: The Lounge at the Lake Forest Community Center
(25550 Commercentre Dr)

For more info call: 461-3446 or via e-mail at charris@lakeforestca.gov.

To Register: Please submit an ACT (Advisory Committee for Teens) application available at the Lake Forest Community Center or via the www.lfteens.com website.

Teens	Jun 10	Thu	6:00-7:00 pm
Teens	Jun 23	Wed	6:00-7:00 pm
Teens	Jul 8	Thu	6:00-7:00 pm
Teens	Jul 21	Wed	6:00-7:00 pm
Teens	Aug 5	Thu	6:00-7:00 pm
Teens	Aug 18	Wed	6:00-7:00 pm

Teen Battle of the Bands

Attention all Lake Forest rock stars!!! Does your band have what it takes to be crowned "Lake Forest's best?" If you think so, then come down and sign up for a chance to perform in front of your peers at the Etnies Skatepark of Lake Forest. Your band will have a chance at winning some big prizes and maybe a little bit of local recognition. Additional prizes will be awarded to all in attendance, so come on out to see who rocks the hardest in our City.

Fee: \$5 per person to attend event (Band entries FREE)

Location: Etnies Skatepark of Lake Forest
(20028 Lake Forest Dr)

For more info call: 461-3446 or via e-mail at charris@lakeforestca.gov

Band Registration Deadline: June 10. Registration forms and information are also available on the lfteens.com website.

Teen	Jun 26	Sat	6:00-10:00 pm
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The Lounge will be closed for the summer effective June 22, and will re-open for the 2010/2011 school year on September 13

SUMMER 2010 THE Lounge

Grab your friends and get ready for some action-packed afternoons at the after school teen program, "The Lounge." We have video games, a computer lab, movies, games, homework help and much more. What are you waiting for? Register now! A FREE shuttle service is available from Serrano and Los Alisos Intermediate. The Lounge program follows the school district's calendar, observes all school holidays and adjusts program times to accommodate minimum days. **Pre-registration is required for this program. Pre-payment for the entire year is required at the time of registration.**

Fee: \$25 per year

Location: The Lounge at the
Lake Forest Community Center
(25550 Commercentre Dr)

For more information call: 461-3446 or via e-mail at charris@lakeforestca.gov.

To Register: Pick up a registration packet at the Serrano or Los Alisos Middle School offices, at the Lake Forest Community Services reception desk or print it out on our website at www.lfteens.com.

**Act #:1588 Teen
Sep 13-Jun 22
Mon-Thu, 3:30 -6:00 pm
(excluding school holidays)**



Sony Pictures Studio Tour



Take the Sony Pictures Studios Tour and step back into a legendary time. Located on one of the world's most famous studio lots, this tour gives you a rare glimpse of old Hollywood's glory days and an insider's view of a state-of-the-art motion picture studio. Not only is this the studio where the Yellow Brick Road once wound through Munchkin Land, it is also the place where the agents from "Men In Black" battled aliens from outer space and Spider-Man catapulted from skyscraper to skyscraper. This dynamic studio tour is filled with movie, television and commercial productions. On any given day, you never know what- or who- will be just around the corner! Trip will include tour, lunch and transportation.

Fee: \$35 per person

Location: Culver City, CA

Departure Location: Lake Forest Community Center
(25550 Commercentre Dr)

Registration Deadline: Monday, July 19 at 5:30 pm

To Register: Online, Mail-In, Walk-in

For more info call: 461-3446 or via e-mail at charris@lakeforestca.gov

Act#: 1590 Teen Jul 23 Fri 12:00-6:00 pm

Magic Mountain

If you like roller coasters and amusement parks, then this is the trip for you. Join us this summer for all the twists, turns and thrills Magic Mountain has to offer! The trip will include admission to the park, lunch and transportation. Stop wasting the summer away and get into the loopy excitement!

Fee: \$35 per person

Location: Valencia, CA

Departure Location: Lake Forest Community Center
(25550 Commercentre Dr)

Registration Deadline: Wednesday, August 11th at 5:30 p.m.

To Register: Online, Mail-In, Walk-in

For more info call: 461-3446 or via e-mail at charris@lakeforestca.gov

Act#: 1591 Teen Aug 27 Fri 8:00 am-10:00 pm

3 easy ways to register:



on-line, mail-in or walk-in!

Turn to pages 35-36 for more info.

Lake Forest Residents: Tuesday, May 18

Non-Residents: Tuesday, May 25

COMMUNITY SERVICES

Police Services Offers Free Car Seat Inspection

Did you know...

9 out of 10 car seats are incorrectly installed



Car crashes are the leading cause of death and disability for children ages 1 to 15. The good news is that by using properly installed child passenger safety seats, many of these deaths and injuries can be prevented. Lake Forest Police Services offers free car seat inspections for our residents. To make an appointment, call Community Services Officer Aubrey Dietrich at (949) 461-3543.

Police Services Offers Free Shredding

Lake Forest Police Services provides FREE shredding of confidential and important documents year round in an effort to prevent crime. Bring your documents to Police Services and discard them in the locked receptacles located at the Police Services counter. A representative from Police Services will be on the premises while the documents are being shredded.

Fee: Free

Location: Lake Forest City Hall
(25550 Commercentre Dr)

For more info call: The City of Lake Forest Police Services at 461-3530

On-going

Mon-Thu

8:00 am-6:00 pm

For your convenience, we offer on-line registration for the majority of our classes and programs.

You can set up your own family account on-line to make it more efficient to register.

If you know you have an existing family account but can't remember your login and user ID, please don't set up another account.

Just give us a call at 461-3450 and we will give you your original info!



SENIOR PROGRAMS

SENIOR TRANSPORTATION, AN EASIER WAY TO GO!

The City of Lake Forest offers door-to-door transportation service to Lake Forest Seniors participating in the Senior Scene Clubhouse activities Monday thru Thursday.

To make a reservation for transportation services, please contact Age Well Senior Services, Inc. at 855-9766. Reservations and cancellations must be made at least 24 hours in advance. If a cancellation is not made at least 24 hours in advance, Age Well Senior Services, Inc. is unable to fill the seat with someone that may need a ride to the Senior Scene Clubhouse. Cost is fifty cents per trip.

Senior Calendar

Don't miss out on the **Senior Scene Clubhouse Calendar**. The Calendar is a great way to view all of the activities offered each month. If you are interested in receiving the quarterly calendar or no longer want the calendar, please call 461-3450 and leave your name, address and phone number (spell your last name and street address, slowly please).

Non-Emergency Medical Transportation

Age Well Senior Services, Inc. offers Lake Forest seniors (at least 60 years of age) non-emergency medical transportation to their medical facilities for \$2 one-way, within a designated service area. The program also serves Kaiser Anaheim (Lakeview), UCI Medical Center in Orange, St. Joseph's Hospital of Orange and the Long Beach Veterans Hospital. Rides are available Monday through Friday from 7:00 am to 6:00 pm. Participants must be ineligible for the OCTA Access service. Individuals who are currently utilizing OCTA ACCESS, and are in a frail medical condition, which creates a hardship, may be granted a waiver and be allowed to use the SNEMT Program.

Riders must register with Age Well Senior Services, Inc. before using the service. For detailed information call 949-855-9766.



Senior Scene - A Clubhouse for Seniors

Come visit us at the Clubhouse... A place where you meet new friends and create lasting memories!

You'll be able to enjoy a variety of activities including card playing, tile board games, monthly game tournaments, seminars, exercise classes, craft classes and movies. This is a great place to meet new friends! No need to make a reservation for this great drop-in program.

Fee: Free!

Location: Lake Forest Community Center
(25550 Commercentre Dr)

For more info call: The City of Lake Forest at 461-3450 or contact Brenda Silvey via e-mail at bsilvey@lakeforestca.gov.

B-I-N-G-O & FREE Hot Lunch provided by the City of Lake Forest every Thursday!

Seniors On-going Mon-Thu 10:00 am-2:00 pm

Please Note: The Senior Scene Clubhouse will be closed on the following dates: May 31, July 5



THURSDAYS

10:30 am: Bingo

12:00 pm: Hot Lunch Served

Drop-In Computer Lab Hours

Feel free to stop by the Training Room to check your e-mail, practice surfing the net and practice your computer skills to improve your proficiency.

Fee: Free!

Location: Lake Forest Community Center, Computer Lab
(25550 Commercentre Dr)

For more info call: The City of Lake Forest at 461-3408

Seniors	On-going	Mon	10:00 am-2:00 pm
Seniors	On-going	Wed	10:00 am-2:00 pm
Seniors	On-going	Thu	10:00 am-2:00 pm



Crafty Crafters

The Senior Scene Clubhouse offers Crafty Crafters once a month on Tuesdays. Past crafts have included tote bags, gift/holiday cards, decorative soaps, birdhouses, floral pots and much, much more. Come and find out what you'll be creating next! The only thing you need to bring is your imagination! **Please call 461-3408 and reserve your space for this very popular program. Look in the Senior Scene Clubhouse Calendar for dates and times!**

Fee: Free!

Location: Lake Forest Community Center, Activities Room
(25550 Commercentre Dr)

Young At Heart ~ Lake Forest Seniors Reading Circle



The Young At Heart~Lake Forest Seniors Reading Circle meets once a month and discusses fiction and non-fiction books they've read...it's a time to share your point-of-view as well as listen to others' interpretations. The City provides snacks for you to enjoy during the book discussion. No need to sign up! Afterwards, drop by the Senior Clubhouse and enjoy a free hot lunch and Bingo.

Book Discussion Location: Lake Forest Community Center,
El Toro Room
(25550 Commercentre Dr)

For more info call: The City of Lake Forest at 461-3408

Future books to be discussed and dates:

Jun 17	Thu	<i>Oxygen: A Novel</i>	Carol Cassella
Jul 15	Thu	<i>Plain Truth: A Novel</i>	Jodi Picoult
Aug 19	Thu	<i>TBD</i>	

Cell Phones For Life

The Senior Scene Clubhouse has FREE emergency cell phones for elderly and disabled individuals. Cell Phones For Life is a non-profit organization whose mission along with the City of Lake Forest is to help individuals experience peace of mind knowing that assistance is only a phone call away. **The cell phones can only be used to call 911.**

You can pick up a cell phone and a battery Monday thru Thursday from 10:00 am-2:00 pm at Lake Forest City Hall (25550 Commercentre Dr., Second Floor). If you have any questions, please call 461-3408 and leave your name and phone number and a staff member will return your call.

Senior Golf Days at Lake Forest Golf and Practice Center

If you like being outdoors and meeting new friends, Senior Golf Days is a program just for you! This program is put on by Outdoor Explorations. It includes six outings of nine holes of golf, warm-up balls, snacks and a weekly putting contest.



Fee: Lake Forest Senior residents – \$49; Non-residents – \$78

Location: Lake Forest Golf and Practice Center
(23308 Cherry Ave)

For more info or to register call: Angela Kelly at 588-0917

Registration for Session 42 on Thu, Jun 3 only

Registration for Session 43 on Thu, Jul 22 only

Session 42	Seniors	Jun 3-Jul 8	Tue or Thu only 7:45-8:15 am tee times
Session 43*	Seniors	Jul 22-Aug 26	Tue or Thu only 7:45-8:15 am tee times

*Note: A fee change for residents will begin with Session 43.
Lake Forest Senior residents – \$53



Senior Bowling League at Forest Lanes

Bring your friends and form your own team, or sign up individually. It's Jackpot Friday for all Senior Bowlers! Join and participate in this fun-filled afternoon and win the Jackpot! All skill levels are welcome. Fee includes games and Jackpot...if you win!

Fee: \$8.50 per resident senior (plus \$3.00 shoe rental)
\$10.50 per non-resident senior (plus \$3.00 shoe rental)

Location: Forest Lanes (22771 Centre Dr)

To Register Call: Forest Lanes at 770-0055

Seniors	On-Going	Fri	1:00-3:30 pm
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HICAP

Health Insurance Counseling and Advocacy Program

Nobody likes dealing with health insurance. When we're ill, the last thing we want to worry about is what's covered. Health costs can be staggering, and just about everyone worries about what the future will hold as our health declines.

What is Medicare? What does it cover? Am I eligible? How do I sign-up? Who could possibly help me figure all this out without trying to sell me something I don't need?

HICAP CAN HELP YOU! HICAP is a volunteer-supported program that provides free counseling and educational services for older adults and their families. You can arrange for an individual counseling appointment with a HICAP counselor to get the most current information available to help you find your way through the maze of health insurance regulations and coverage. If you want to know what benefits and services you're entitled to and how the health care system works, call and make an appointment.

Through working with a HICAP counselor, you will get unbiased information to help you make the best choices for your individual health care needs as HICAP counselors cannot sell, endorse, or recommend any specific insurance.

HICAP can help you understand:

1. Your rights as a health care consumer
2. Medicare benefits, including how to appeal Medicare and HMO denials
3. Medicare and health insurance jargon
4. Private Medicare supplemental health insurance policy benefits and exclusions
5. HMOs and how they work including emergency assistance with denials
6. Long-term care insurance

Appointments are available from 10:00 am-2:00 pm on the second Tuesday of the month (May 11, June 8, July 13.)

**TO MAKE AN APPOINTMENT, PLEASE
CALL 461-3408 AND LEAVE YOUR
NAME AND PHONE NUMBER.**

Need to Know Numbers!



Periodically, we receive requests for phone numbers and felt that these numbers would be useful. Cut them out and keep them handy for future use!

AARP.....888-687-2277
 ACCESS (Reservations/Information). .877-628-2232
 ACCESS (Eligibility)714-560-5956
 Age Well Senior Services, Inc. 855-8033
 (formerly South County Senior Services)
 Caregiving Resource Directory888-721-9797
 City of Lake Forest City Hall 461-3400
 Council on Aging714-479-0107
 Disabled Housing Information.714-567-7500
 Elder/Disabled Adult Abuse.....800-451-5155
 HiCap Services800-434-0222
 Human Services Information2-1-1
 Irvine Valley College/Emeritus 451-5382
 Meals on Wheels. 855-8033
 Medicare Fraud Hotline.....800-447-8477
 OCTA (Transportation).....714-213-1200
 Office on Aging.....800-510-2020
 Orange Caregiver Resource Center. .800-543-8312

AARP Driver Safety Course

Would you like to be more confident behind the wheel? Would you like to feel secure in your knowledge of the ever changing rules, regulations and signs of the road? Then we have a class for you! This instructional class for the mature driver (50+) is sponsored by AARP. You will learn better driving techniques and ways to spot and correct bad driving habits. You will save on auto insurance and help to maintain mobility and independence after completing this great course. **In order to receive the certificate, you must attend both classes. Space is limited so pre-registration and pre-payment are required.**

Fee: \$12.00 AARP members; \$14.00 non members
 2 class session (**check made payable to AARP**)

Location: Lake Forest Community Center
 (25550 Commercentre Dr)

To Register: Mail-In, Walk-In. No On-line Registration available for this program

For more info call: The City of Lake Forest at 461-3450

Act#:1628 Jul 9, 10 Fri/Sat 8:30 am-12:30 pm

Senior Box Lunch Program

The Senior Box Lunch Program is offered on Mondays, Tuesdays and Wednesdays at 11:30 am. Lunch includes a sandwich, fruit or veggie salad, 2 drinks and a dessert. Age Well Senior Services, Inc. provides these healthy lunch boxes...so be sure and tell your neighbors and friends! Registration is required for the program and reservations are also recommended. Reservations should be made by 1:00 pm on Thursdays for the following week. **If you would like to take your box lunch home, please bring an insulated cooler.**



Fee: A \$4.00 suggested donation
 is requested per participant

Location: Lake Forest Community Center
 (25550 Commercentre Dr)

**For more info or to register call:
 The City of Lake Forest at 461-3445**

Seniors On-going Mon-Wed 11:30 am

Three easy ways to register:
 on-line, mail-in or walk-in!
 Turn to pages 35-36 for more info.



Senior Scene Clubhouse 4th of July Parade Float

The City's 19th Annual 4th of July Parade will be here before you know it! Last year, and prior years, the Senior Scene Clubhouse has been a participant in the parade...in fact, our float received the "Mayor's Choice" award in 2007, "Best Theme" in 2008, and "Most Patriotic" in 2009. Are we on a roll or what? This year's parade theme is "All American Spirit." If you would like to help decorate or ride on the float, please call 461-3408 and leave your name and phone number. This year's parade is held on **Saturday, July 3rd**, due to the 4th falling on a Sunday...so mark your calendars!

Happy Trails Western BBQ Dinner Dance

Happy trails to you until"... y'all know the rest of the song. Saddle-up and mosey on over to the LF Corral for a rootin-tootin good time. Yes sireee little doggies we want you to come dressed up as your favorite cowboy, cowgirl, Tonto or Trigger! We'll serve up some grub with root beer shooters for all to enjoy! So come along and join us for a knee-slap-pin' good time! Space is limited, so make your reservations early!



Fee: \$7.00 per person (**Lake Forest residents register Tue., May 18; non-residents Tue., May 25**)

Location: Lake Forest Senior Scene Clubhouse
(25550 Commercentre Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#:1629 Seniors Aug 6 Fri 4:00 -7:00 pm

EXCURSIONS

The City of Lake Forest offers great excursions for Adults and Seniors! Senior excursions are open to individuals ages 50 and over, while excursions for Adults are for individuals 18 and over. Pre-registration is required for all excursions and all trips include transportation on a luxury bus, snacks, and admission. A meal may be included if specified in the description. Upon confirmation of your registration, departure details will be mailed to you. ***Tickets that are purchased for City of Lake Forest Excursions are non-transferable.***

PLEASE NOTE:

City of Lake Forest excursion are open to both residents and non-residents. However, residents are given priority registration.

Registration dates for the following excursions are:

May 18 for Lake Forest residents May 25 for non-residents

Camp Pendleton Tour & Lunch at the Mess Hall – Oceanside



First time ever offered! Did you know Camp Pendleton is one of the Department of Defense's busiest installations and offers a broad spectrum of training facilities for many active and reserve Marine, Army and Navy units, as well as national, state and local agencies? The tour begins at "The Ranch House Complex," which includes the Ranch House Chapel (the oldest structure on the base), and the Bunkhouse Museum. The Complex displays historic artifacts documenting history from Mission and Rancho periods to the 1942 purchase of Camp Pendleton. Exhibits include early ranch equipment, photographs of President Roosevelt's historic visit, and antiques. Next, enjoy lunch at the Mess Hall, followed by a tour of the Marine Corps Mechanized Command Museum featuring vehicles from Vietnam and Desert Storm. At the end of the tour, you will observe K-9 training or a Martial Arts class.

Fee: \$33.00 per person (must be a US citizen; must bring a valid photo ID such as a Driver's License or State ID)

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-Line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#:1630 Adults/Seniors Jun 18 Fri 8:00 am-4:00 pm

Old Town Trolley Tour of San Diego & Shopping at Seaport Village New

Come along and take a load off your feet and enjoy a two-hour tour as San Diego's best tour conductors combine colorful anecdotes, humorous stories and well researched historical information that is both entertaining and educational. The trolley route begins at Old Town with stops along the way at San Diego Harbor, Horton Plaza/Gaslamp Quarter, Hilton Bayfront, Coronado Island, Balboa Park and Little Italy. After the tour, you'll board the bus to Seaport Village where you will have an opportunity to shop and have lunch on your own.

Fee: \$58.00 per person

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-Line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#:1631 Adults/Seniors Jul 27 Tue 8:00 am-5:30 pm



Harrah's Rincon Casino & Resort – Valley Center New

Take your chance at playing the slots (1,600 to be exact), Blackjack, Keno or the roulette wheel at the 55,000 square foot Harrah's Rincon Casino and Resort. Sorry no Bingo...(you can play every Thursday at the Senior Scene Clubhouse). Upon arrival each participant receives a \$10 voucher for gambling only.

Note: The casino requires each participant to have valid photo identification such as a driver's license or state ID (expired or photocopied ID is not acceptable). The name that appears on your ID must be the same as what appears on the manifest. To receive a player's card or coupons, bus passes, Costco cards or any other forms of identification with pictures will not be accepted.

Fee: \$10.00 per person (must be 21 years of age or older)

Departure Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-Line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#:1632 Adults/Seniors Aug 23 Mon 8:15 am-5:30 pm

SENIOR EMERITUS CLASSES through Irvine Valley College

EMERITUS CLASSES are offered for active seniors. The City of Lake Forest partners with Irvine Valley College's Emeritus Program to offer courses especially designed to meet the educational and recreational interests of seniors. Pre-registration is recommended for all classes.

REGISTRATION FOR SENIOR EMERITUS CLASSES ONLY

To register for the Emeritus Classes the following options are available.

On-Line Registration log onto www.123getsmart.com

- Click on the button "Register for Emeritus Classes"
- Click on the link in the left column "Emeritus"
- Select class category (i.e., Fitness) in the blue column on the left. (Class sections are on the right in alphabetical order...click on the class you want.)
- Click on the Class Course Number for the section you want
- Click the "Add" button
- Click on "Create New Account" (your previous IVC Student Number and Pin Number do not work on this system)
- Fill in all your personal contact information.
- Choose the button to continue Shopping for more classes" or "Go to checkout"
- Complete your credit card information and click on "Complete Transaction"
- IVC will send you a copy of your receipt w/your log-in ID and Pin Number for future classes

Phone Registration

- Call 949-451-5555 Monday thru Friday 9:00 am-5:00 pm

Mail form (you can get this on-line) and payments to:

- IVC Emeritus Institute
5500 Irvine Center Dr., Irvine, CA 92618

Fax form to IVC:

- 949-451-5270

PLEASE NOTE:

You may only register for Senior Emeritus Classes at IVC's website or by calling 451-5555. The registration date for City programs and excursions does not apply to the Emeritus classes.

Computers

Intro to Personal Computers

Designed for the complete beginner, this class includes a description of a typical personal computer system, including hardware components & software programs; an interactive discussion of various personal users for a computer; explanations and demonstrations of word processing/electronic spreadsheet features; instructions for choosing desktop backgrounds and screensavers; and a discussion of computer file storage and retrieval. The instructor will offer optional projects such as how to use the computer to write a letter and balance a checkbook. Students will be given plenty of class time to work on these projects.

Fee: \$26

Location: Lake Forest Community Center – Training Room
(25550 Commercentre Dr)

To Register: Telephone registration call IVC at 451-5555

Tic#: 62870 Seniors May 25-Jul 13 Tue 9:00-10:30 am

Intro to Internet & E-mail

Topics include commonly used terms; hardware and software needed for connection to the Internet; programs (called “search engines”) available to help you find what you are looking for; various search techniques; commonly used website components such as links and navigation tools; copying information from the Internet for personal use; printing from the Internet; bookmarking your favorite websites; shopping online; security (including your personal information as well as your credit card data); and using an electronic mail program (set-up an e-mail account sending and retrieving e-mail messages, and sending attachments (letters and photos).

Fee: \$26

Instructor: Barbara Grane

Location: Lake Forest Community Center – Training Room
(25550 Commercentre Dr)

To Register: Telephone registration call IVC at 451-5555

Tic# 62920 Seniors May 25-Jul 13 Tue 10:30 am- 12:00 pm



Intro to Digital Photo Imaging

Learn to use software to fix common flaws in photographs. We will spend time learning how to import and organize our digital photo collection, crop out unwanted area of our pictures, fix flash red-eye, straighten crooked pictures, and after the color or lighting of selected objects, remove dust and scratches, and remove or duplicate objects within a picture. Methods and ideas for sharing and archiving photos (digitally and in print) and common problems will be discussed. This class requires strong mousing skills and good knowledge of maneuvering in Windows (using the task bar to switch applications, retrieving or saving a document to a designated place, etc.). Owning a digital camera is not required. **Students will need to provide their own method of data storage (USB drive).**

Fee: \$26

Location: Lake Forest Community Center – Training Room
(25550 Commercentre Dr)

To Register: Telephone registration call IVC at 451-5555

Tic#: 62910 Seniors May 25-Jul 13 Tue 12:00-1:30 pm

Fitness

It's Never Too Late Fitness

The class consists of the three components necessary to maintain optimum health and fitness. Low impact weight bearing aerobics, strength training, stretching and flexibility movements suited to the needs of the individual.

Fee: \$15.00

Location: Lake Forest II Sun & Sail Club
(24752 Toledo Way)

To register by phone: Call IVC at 451-5555

Tic#: 1985 Seniors May 13-Jun 17 Thu 10:00-11:30 am

Dyna Bands Workout and Arthritis Exercise

Increase your strength and mobility using Dyna-Bands. Dyna-Bands or resistance bands, (which are long latex strips) are used to increase muscle strength. Learn to properly perform exercises using these popular resistance bands in combination with low-impact aerobics and gentle stretching. Workouts include a cool down time with gentle stretching and breathing to relax all body parts. This class includes the Arthritis exercise program.

Fee: \$15.00

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To register by phone: Call IVC at 451-5555

Tic#: 1976 Seniors May 25-Aug 10 Tue 12:30-2:00 pm



Pilates

A non-impact exercise program for dancers and non-dancers, based on the principles of Joseph Pilates. Strengthens and tones muscles, increases flexibility, develops proper body alignment, improves coordination and develops an increased sense of body awareness. Includes stretches that enhance physical fitness and focus on total body conditioning to correct body alignment and improve your posture. Wear comfortable clothing and bring a mat to class.

Fee: \$15.00

Location: Lake Forest II Sun & Sail Club
(24752 Toledo Way)

To register by phone: Call IVC at 451-5555

Tic#: 2004 Seniors May 11-Jun 15 Tue 10:00-11:30 am

Aquatic Fitness Training

Designed for swimmers and non-swimmers to develop and maintain physical fitness through aerobic conditioning in the water. Emphasis is on training to improve balance and cardiovascular fitness.

Fee: \$30.00

Location: Lake Forest I Beach & Tennis Club
(22921 Ridge Route)

To register by phone: Call IVC at 451-5555

Tic#: 1951 Seniors May 25-Jul 15 Tue/Thu 2:00-3:30 pm

Physical Fitness: Yoga w/Fleur

Instruction and practice will include passive exercise especially adapted to senior citizens; stretching, relaxing, breathing and working together in rhythm as directed by the instructor. Repetition of this course will permit students to build skills and increase their fitness level.

Fee: \$25.00

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To register by phone: Call IVC at 451-5555

Tic#: 2031 Seniors May 26-Jul 14 Wed 1:00-2:30 pm

Tai Chi Ch'uan

Tai Chi Ch'uan is an ancient Chinese exercise that provides both mental and physical health benefits. Improve balance, lower high blood pressure, and increase vitality with Tai Chi. Learn Tai Chi movements, self-massage acupressure, and the philosophy of Tai Chi Ch'uan.

Fee: Free

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To register by phone: Call IVC at 451-5555

Tic#: 62995 Seniors May 26-Aug 11 Wed 9:00-10:50 am

SUMMER CAMPS

Lake Forest's Parent & Me Sports Camp



Does your little one dream of becoming a sports superstar? If so this camp is for you! Parents and kids will get a chance to interact with each other while learning the basics of several popular sports in this action-packed, week long sports camp. We will focus on the benefits of sportsmanship, discipline and teamwork while we play several games including: soccer, tee-ball, volleyball and more. Our coach to camper ratio will be 5 to 1 so your little one will receive plenty of individual instruction. This camp includes a t-shirt, cold drinks and a special prize on the last day! Space is limited so sign-up today!

Instructor: Lake Forest Recreation Staff

Fee: \$50 per participant – 1 week camp

Location: Foothill Ranch Community Park
(19422 Rue De Valore)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1561	3-5 yrs	Jul 5-9	Mon-Fri	1:00-1:45 pm
Act#: 1562	3-5 yrs	Aug 23-27	Mon-Fri	1:00-1:45 pm

Lake Forest's Junior Stars Sports Camp



Attention all Lake Forest athletes!!! Do you want to learn the skills needed to take your sports game to the next level? If so then this camp is for you! Participants will learn basic to advanced techniques for several different popular sports in this fun and exciting week long camp. We will focus on the benefits of sportsmanship, discipline and teamwork while we play several games including: soccer, tee-ball, flag-football, volleyball and more. All skill levels are welcome and our coach to camper ratio will be 5 to 1 so your child will receive plenty of individual instruction. This camp includes a t-shirt, cold drinks and a special prize on the last day! Space is limited so sign-up today!

Instructor: Lake Forest Recreation Staff

Fee: \$50 per participant – 1 week camp

Location: Foothill Ranch Community Park
(19422 Rue De Valore)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1563	6-8 yrs	Jul 5-9	Mon-Fri	2:00-3:00 pm
Act#: 1564	6-8 yrs	Aug 23-27	Mon-Fri	2:00-3:00 pm

Three easy ways to register:
on-line, mail-in or walk-in!
Turn to pages 35-36 for more info.



Lake Forest's Little Pioneers Camp

Summer time is on its way and all the little boys and girls of Lake Forest are ready to play! The City of Lake Forest presents our third annual preschool summer day camp! For six weeks in the months of June and July, Serrano Creek Park will serve as the host of our Little Pioneers day camp. Children 3 to 5 years of age will get to play games, sing songs, make crafts and have super fun dress up dance parties! There's something exciting going on every day at this day camp. On Tuesday put your riding boots on, we're going to see the horses at the stables! Bring your swimsuit every Wednesday because it's water day! And Thursday is our mini excursion at Heritage Hill! Every little pioneer must be toilet trained and used to leaving mom and dad for at least 3 hours. Our fee includes a t-shirt and a snack, but make sure to pack some extra munchies just in case your preschooler gets hungry from all the fun and play. Come join us on our summer adventure – the counselors are waiting!



Instructor: Lake Forest Recreation Staff

Fee: \$70 per week (Weeks of Jun 28 and Jul 6 fee is \$58.00)

Location: Serrano Creek Park (25101 Serrano Rd)

To Register: Online, Mail-In, Walk-In

(Pre-registration for this camp is required)

For more info call: The City of Lake Forest at 461-3450

Act#:1578	3-5 yrs	Jun 21-25	Mon-Fri	9:00 am-12:00 pm
"Old Lake Forest Had a Farm"				
Act#:1579	3-5 yrs	Jun 28-Jul 1	Mon-Thu	9:00 am-12:00 pm
"American Heroes"				
Act#:1580	3-5 yrs	Jul 6-9	Tue-Fri	9:00 am-12:00 pm
"It's a Small World"				
Act#:1581	3-5 yrs	Jul 12-16	Mon-Fri	9:00 am-12:00 pm
"Pirates & Princesses"				
Act#:1582	3-5 yrs	Jul 19-23	Mon-Fri	9:00 am-12:00 pm
"Fun in the Sun"				
Act#:1583	3-5 yrs	Jul 26-30	Mon-Fri	9:00 am-12:00 pm
"Cowboys & Cowgirls"				

Three easy ways to register: on-line, mail-in or walk-in! Turn to pages 35-36 for more info.



Lake Forest ROCKS Camp

Find out why Lake Forest Rocks – come to our second annual Lake Forest Rocks Camp! Camp takes place for four weeks in the month of August. Each week we will be going on two mini excursions and one big excursion. Our big excursions will include Wild Rivers, Medieval Times, Knott's Berry Farm, and California Adventure! Sign up for one week or all four! We'll be doing other fun activities as well like games, skits, team competitions, and every Friday we'll have a BBQ! This camp will have an 8 to 1 camper to counselor ratio. This camp is for ages 8 to 12 years old and everyone gets the coolest camp t-shirt around.



Instructor: Lake Forest Recreation Staff

Fee: \$128 per week – All inclusive

Location: Pittsford Park (21701 Pittsford Dr)

To Register: Online, Mail-In, Walk-In

(Pre-registration for this camp is required)

For more info call: The City of Lake Forest at 461-3450

Act#:1584	8-12 yrs	Aug 2-6	Mon-Fri	8:00 am-6:00 pm
Medieval Times				
Act#:1585	8-12 yrs	Aug 9-13	Mon-Fri	8:00 am 6:00 pm
Knott's Berry Farm				
Act#:1586	8-12 yrs	Aug 16-20	Mon-Fri	8:00 am-6:00 pm
Wild Rivers				
Act#:1587	8-12 yrs	Aug 23-27	Mon-Fri	8:00 am-6:00 pm
Disney's California Adventure				

Theater Games Camp



Young thespians can enhance thinking skills, creativity, self-confidence, poise and expression while learning acting techniques for stage and television. Students will be involved in storytelling, pantomime, auditioning, skit performance and acting for television commercials. A tape of the students' work in class will be shown to an agent for possible representation.

Instructor: Acting Express Production Staff

Fee: \$59- 4 day camp

Material Fee: \$3 due to instructor during first class meeting

Location: Lake Forest Community Center (25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1565	8-14 yrs	Jun 28-Jul 1	Mon-Thu	4:30-6:00 pm
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Modeling Development Camp

Develop your own personal style during this detail-oriented course. Students will learn poise, hair and make-up skills along with common industry practices. By the end of the class, participants will know how to produce an effective resume and the techniques involved in participating in a runway show.

Instructor: Acting Express Production Staff

Fee: \$59 – 4 day camp

Location: Lake Forest Community Center
(25550 Commercentre Dr)

Material Fee: \$3 due to instructor during first class meeting

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1566 8-14 yrs Jul 6-9 Tue-Fri 3:00-4:30 pm

Junior Tennis Camps

Come join this summer's tennis camp where 'fun' is the emphasis. This camp is for all levels of players from beginner to advanced who are interested in learning more about tennis, making new friends and just having a good time. This camp makes tennis fun and easy for children to learn basic strokes, shot placement, serves, volleys and strategies. Bring a racquet and a smile. Each camp includes snacks, drinks and fun camp games. Please bring an unopened can of balls to first class meeting. A \$10 t-shirt (optional) can be purchased the first day of class.

Instructor: Fabian Grassini Tennis & Sports Staff

Fee: \$110 per participant – 1 week (5 days) session

Location: Pittsford Park (21701 Pittsford Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1567 7-14 yrs Jul 5-9 Mon-Fri 9:00 am-12:00 pm

Act#: 1568 7-14 yrs Jul 12-16 Mon-Fri 9:00 am-12:00 pm

Act#: 1569 7-14 yrs Jul 26-30 Mon-Fri 9:00 am-12:00 pm

"Summer of Art" Camp

This art camp is filled with creative and fun projects. Explore a variety of techniques such as acrylics on canvas, watercolors, pastels, clay sculptures and more! We will enjoy summer time through art as we draw and paint landscapes, still-life, animals and other themes. Clay projects will be glazed and fired. A material fee (includes kiln firing and glazing) will be due to the instructor at first class meeting. All art supplies and aprons will be provided.

Instructor: My Art Studio – Lucia Henry

Fee: \$65 – 3 day camp

\$89 – 5 day camp

Materials Fee:

3 day camp. \$15 due to instructor at first class meeting

5 day camp. \$20 due to instructor at first class meeting

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1570 6-12 yrs Aug 9-13 Mon, Wed & Fri 2:00-4:00 pm

Act#: 1571 6-12 yrs Aug 23-27 Mon, Wed & Fri 2:00-4:00 pm

Act#: 1572 6-12 yrs Aug 30-Sep 3 Mon-Fri 9:30-11:30 am

Kids Fitness Camp



Let us help your kids stay active and fit over summer break. In this camp they will not only exercise but have fun at the same time! This exciting fitness program will feature obstacle courses, circuit stations, athletics drills and fitness games. Each day will also be ended with a short nutrition lesson to assure your child has all the tools to stay active, healthy and able to give their best effort while exercising.

Instructor: Maria Simon

Fee: \$75 per participant – 2 week (8 days) session

Material Fee: \$15 due to the instructor during first class meeting

Location: Foothill Ranch Community Park
(19422 Rue De Valore)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1686 8-12 yrs Jul 5-Jul 15 Mon-Thu 9:00-10:15 am

Act#: 1687 8-12 yrs Jul 19-Jul 29 Mon-Thu 9:00-10:15 am

Act#: 1688 8-12 yrs Aug 2-Aug 12 Mon-Thu 9:00-10:15 am

Act#: 1689 8-12 yrs Aug 16-Aug 26 Mon-Thu 9:00-10:15 am

Pre-Engineering with LEGO

Have your child become a Play Well engineer this summer! Students build cities, bridges, motorized cars and planes and will explore the many creative possibilities of engineering with the LEGO system. With access to over 100,000 pieces of LEGO, your child will have the opportunity to build what they have only dreamed of with the support of an experienced Play Well engineer instructor guiding them.

Instructor: Play Well TEKologies staff

Fee: \$175 – 1 week camp

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1573 5-6 yrs Jul 19-23 Mon-Fri 9:00 am-12:00 pm

Act#: 1574 5-6 yrs Aug 16-20 Mon-Fri 9:00 am-12:00 pm

Engineering Fundamentals with LEGO

Have your child become a Play-Well engineer this summer! Students take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 pieces of LEGO material. From race cars to battle tracks, this is a hands-on and minds-on camp suitable for LEGO novices to "maniacs." Designed by engineers, the curriculum challenges both new and returning students to reach the next level of engineering comprehension all while having fun.

Instructor: Play Well TEKologies staff

Fee: \$175 – 1 week camp

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1575 7-12 yrs Jul 19-23 Mon-Fri 1:00 pm-4:00 pm

Act#: 1576 7-12 yrs Aug 16-20 Mon-Fri 1:00 pm-4:00 pm

RECREATION CLASSES



Youth

Small Fry Sluggers League

This is a six week program designed to teach your "small fry" the basic skills of T-Ball and the importance of sportsmanship and overall fun! This program will include a t-shirt, hat, and participation award for each child. First meeting will be an informational meeting only. Practices will include 30 minutes of practice, followed by 30 minutes of scrimmages. The final day of the program will include the Big Game and Party.

Fee: \$35

Location: La Madera Elementary

To register call: SVUSD at 768-0981, press 3

4-5 yrs Jul 24 - Aug 28 Sat 9:30-10:30 am La Madera Elementary

For your convenience, we offer on-line registration for the majority of our classes and programs. You can set up your own family account on-line to make it more efficient to register. If you know you have an existing family account but can't remember your login and user ID, please don't set up another account. Just give us a call at 461-3450 and we will give you your original info!



Parent & Me Princess Ballet and Dance

Does your little one dream of being a Princess? If so, this is the class for her! The princess ballet series is an introduction to the fundamentals of ballet and creative movement with an element of fun and fantasy. With a little help from mom/caretaker, children use props, dress in princess attire, make princess crafts, have princess story time, dance to classical fairy tale music, and much more. Each session features a different princess and the instructor will provide princess attire and props. Parent participation is required. For more information on Orange County Dance Productions classes, please visit OCDanceProductions.com. **Free demo class will be held on Monday, May 24th at 9:45 am. To register for demo class, please call 714-389-1933 as space is limited.**

Instructor: Tiffany Esmond, OC Dance Productions

Fee: \$55 – 5 week sessions

Material Fee: An additional material fee of \$12 due to instructor at first class meeting

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1595	1 ½ -3 yrs	Jun 7-Jul 12*	Mon	9:45-10:30 am
Act#: 1594	1 ½ -3 yrs	Jul 19-Aug 16	Mon	9:45-10:30 am
*No class 7/5				

Princess Ballet Series

This activity packed class is filled with ballet and creative movement with all the imagery that comes with being a fairy tale princess. Class consists of basic dance skills, creative dance and play, crafts and performance. Participants will dress up in the featured princess skirts with props and music to complete the Princess. Princesses will perform their new routines for family and friends on the last day of class. Each session consists of different featured princesses and crafts. Some parent participation is required. For more information on Orange County Dance Productions classes please visit OCDanceProductions.com. Participants should wear leotards, tights and ballet shoes. **Free demo classes will be held on Monday, May 24th at 10:45 am. To register for demo class please call 714-389-1933 as space is limited.**

Instructor: Tiffany Esmond, OC Dance Productions

Fees: \$55 – 5 week sessions

Material Fee: An additional material fee of \$12 due to instructor at first class meeting

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1596	3-5 yrs	Jun 7-Jul 12*	Mon	10:45-11:30 am
Act#: 1593	3-5 yrs	Jul 19-Aug 16	Mon	10:45-11:30 am
*No class 7/5				



TriFytt Sports: Parent and Me Soccer

This class is a great chance for parents to interact with their young ones while learning the basics of soccer with our TriFytt Sports staff. Drills, games and activities will all focus on the motor skills required to play this great sport in a noncompetitive, safe atmosphere. These youngsters will learn the fundamentals of soccer and will allow them to experience athletic competition firsthand. Don't miss out on this special opportunity it's a great bonding experience for both parents and their children.

Instructor: TriFytt Sports Staff

Fee: \$59 per Parent and Child couple- 6 week session

Location: Pittsford Park (21701 Pittsford Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1605	1.5-2.5 yrs	Jul 16-Aug 20	Fri	4:00-4:30 pm
Act#: 1604	2-3 yrs	Jul 16-Aug 20	Fri	4:30-5:00 pm



TriFytt Sports Soccer Skillz Clinic

This is a great chance for beginning and advanced soccer players to receive specific coaching techniques on skills and game situations through fun and safe games and drills. Athletes will learn new techniques and tactics while we also concentrate on teaching the benefits of sportsmanship, discipline, and teamwork. Each athlete will be taught drills to help further their skill development.

Instructor: TriFytt Sports Staff

Fee: \$59 per participant – 6 week session

Location: Pittsford Park (21701 Pittsford Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1602	3-4 yrs	Jul 16-Aug 20	Fri	5:00-5:45 pm
Act#: 1603	5-7 yrs	Jul 16-Aug 20	Fri	6:00-6:45 pm

TriFytt Sports Tee-Ball Skillz Clinic

This is a great chance for beginning and advanced tee-ball players to receive specific coaching techniques on skills and game situations through fun and safe games and drills. Athletes will learn new techniques and tactics while we also concentrate on teaching the benefits of sportsmanship, discipline, and teamwork. Each athlete will be taught drills to help further their skill development.

Instructor: TriFytt Sports Staff

Fee: \$59 per participant – 6 week session

Location: Pittsford Park (21701 Pittsford Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1600	3-4yrs	Jul 13-Aug 17	Tue	5:00-5:45 pm
Act#: 1601	5-7yrs	Jul 13-Aug 17	Tue	6:00-6:45 pm

TriFytt Sports Flag Football Skillz Clinic

This is a great chance for beginning and advanced football players to receive specific coaching techniques on skills and game situations through fun and safe games and drills. Athletes will learn new techniques and tactics while we also concentrate on teaching the benefits of sportsmanship, discipline, and teamwork. Each athlete will be taught drills to help further their skill development.

Instructor: TriFytt Sports Staff

Fee: \$59 per participant – 6 week session

Location: Pittsford Park (21701 Pittsford Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1606	4-7 yrs	Jul 14-Aug 18	Wed	5:00-5:45 pm
Act#: 1607	7-12 yrs	Jul 14-Aug 18	Wed	6:00-7:00 pm

TriFytt Sports Volleyball Skillz Clinic

This is a great chance for beginning and advanced football players to receive specific coaching techniques on skills and game situations through fun and safe games and drills. Athletes will learn new techniques and tactics while we also concentrate on teaching the benefits of sportsmanship, discipline, and teamwork. Each athlete will be taught drills to help further their skill development.

Instructor: TriFytt Sports Staff

Fee: \$59 per participant – 6 week session

Location: Pittsford Park (21701 Pittsford Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1608	Beginner	6-14 yrs	Jul 15-Aug 19	Thu	5:00-6:00 pm
Act#: 1609	Intermediate	6-14 yrs	Jul 15-Aug 19	Thu	6:00-7:00 pm

Three easy ways to register:
on-line, mail-in or walk-in!
Turn to pages 35-36 for more info.

Parent & Me Yoga



These yoga classes are designed so that parents can share in exercise fun with their child! Each pose will be presented in a fun and entertaining way through games, songs and play. Poses for the children are all age appropriate and designed for growing and developing bodies. Bubbles, toys and props are all provided and incorporated into the curriculum. Classes range from infant to elementary in age so we're sure to have the perfect class for you and your child.

Instructor: Flipside Yoga – Megan Buster

Fee: Session 1 – \$60 for parent and child – 5 weeks

Session 2 – \$72 for parent and child – 6 weeks

Location: Flipside Yoga Studio (22672 Lambert St., Suite 604)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Session 1:

Act#: 1610	Infant	3-12 mos	Jun 14-Jul 12	Mon 11:00-11:45 am
Act#: 1611	Infant	12-24 mos	Jun 16-Jul 14	Wed 11:00-11:45 am
Act#: 1612	Toddler	2-3 yrs	Jun 16-Jul 14	Wed 10:00-10:45 am
Act#: 1613	Pee-Wee	4-7 yrs	Jun 15-Jul 13	Tue 10:00-10:45 am

Session 2:

Act#: 1614	Infant	3-12 mos	Jul 19-Aug 23	Mon 11:00-11:45 am
Act#: 1615	Infant	12-24 ms	Jul 21-Aug 25	Wed 11:00-11:45 am
Act#: 1616	Toddler	2-3 yrs	Jul 21-Aug 25	Wed 10:00-10:45 am
Act#: 1617	Pee-Wee	4-7 yrs	Jul 20-Aug 24	Tue 10:00-10:45 am

Youth Yoga Classes



These independent yoga sessions are specifically designed for children, tweens and teens. All classes present poses that are designed for each age group's growing, flexible bodies. Practices are accompanied by popular music and poses that students can do both at home and in the studio. Focus and breathing exercises are also provided to help calm their systems, center themselves and manage stress. These classes are all great for both beginning and intermediate yoga students.

Instructor: Flipside Yoga – Megan Buster

Fee: Session 1 – \$60 for parent and child – 5 weeks

Session 2 – \$72 for parent and child – 6 weeks

Location: Flipside Yoga Studio (22672 Lambert St., Suite 604)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Session 1:

Act#: 1680	Pee-Wee	4-7 yrs	Jun 16-Jul 14	Wed 6:00-6:45 pm
Act#: 1681	Tweens	8-12 yrs	Jun 15-Jul 13	Tue 5:00-5:45 pm
Act#: 1682	Teens	13-16 yrs	Jun 16-Jul 14	Wed 5:00-5:45 pm

Session 2:

Act#: 1683	Pee-Wee	4-7 yrs	Jul 21-Aug 25	Wed 6:00-6:45 pm
Act#: 1684	Tweens	8-12 yrs	Jul 20-Aug 24	Tue 5:00-5:45 pm
Act#: 1685	Teens	13-16 yrs	Jul 21-Aug 25	Wed 5:00-5:45 pm

Be sure to pre-register for our classes and programs. For more info see page 35.



Discover Ceramics

Have a blast learning how to turn clay into wonderful creatures and other fun creations. We will hand build each piece and learn techniques such as coiling, scoring and slab, and decorate them all with under-glazes. Different projects will be completed each week. All pieces will be glazed and fired and aprons will be provided.

Instructor: My Art Studio – Lucia Henry

Fee: \$75 – 6 week session

Materials Fee: An additional material fee of \$15 due to instructor on first class meeting

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1624 6-12 yrs Jun 21-Aug 2* Mon 3:30-4:45 pm
*No class on 7/5

Music Together

Here is your chance to experience a nationwide, research based "Music Together" program for children from birth to 5 years old and the adults who love them! Children will have many opportunities to create and play. Each class is packed with new songs, rhymes, movement activities and instrumental sessions. This is an introduction to a lifetime of musical enjoyment! But best of all it is fun. **Free demo class on Tuesday, June 15th at 10:00 am, please RSVP 350-0985.**



Instructor: Elena Salisbury, MM from Russian Conservatory, registered Music Together teacher.

Fee: \$116 – 8 week session. Babies under the age of 8 months free with registered sibling.

Materials Fee: A required \$37 fee which includes: 2 CD's, parent guide and songbook, is due to instructor during first class meeting.

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: Online, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1636 Jun 21-Aug 16* Mon 4:30-5:15 pm
Act#: 1637 Jun 22-Aug 10 Tue 9:15-10:00 am
Act#: 1638 Jun 22-Aug 10 Tue 10:15-11:00 am

*No class 7/5

Bumper Bowling

Kids will love this bowling class because with bumpers, there are no gutter balls. The first two weeks of this class are spent teaching basic delivery skills and etiquette, while the last six weeks are spent integrating these skills into individual league play, while establishing a bowling average. By the end of the eight week session, your child will be confident enough to join a junior league or just practice with friends. Bowling balls, shoes and a certified bowling instructor are provided during the class.

Instructor: Treesa Spencer

Fee: \$80 per participant – 8 week session

Location: Forest Lanes Bowling Alley (22771 Centre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1639 3-7 yrs Jun 26-Aug 14 Sat 9:30-10:30 am

Bowling for Fun

Here's a great way to improve your bowling skills and learn the basic fundamentals of bowling. The first two weeks of this class are spent teaching basic delivery skills and etiquette, while the last six weeks are spent integrating these skills into individual league play, while establishing a bowling average. By the end of the eight week session, your child will be confident enough to join a junior league or just practice with friends. House balls, shoes and a certified bowling instructor are provided during the class.

Instructor: Treesa Spencer

Fee: \$80 per participant – 8 week session

Location: Forest Lanes Bowling Alley (22771 Centre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1640 8-17 yrs Jun 26-Aug 14 Sat 9:30-10:30 am

Three easy ways to register:
on-line, mail-in or walk-in!
Turn to pages 35-36 for more info.

Youth Kung Fu and Conditioning Class

Kung fu stresses self-discipline, self-defense and personal growth. Students will learn that kung fu is about balance and self-discipline. Kung fu is not about winning or losing, it is about focus, enrichment and tolerance for others. This class will encourage self-control and respect for others. Classes are taught in a relaxed, social environment. In order to insure quality instruction and comfort, there is a **15-student limit** for this class. *Ages 5 to 15 may attend.* **Free demo classes will be held on Monday, June 14th at 4:00 pm and Tuesday, June 15th at 4:00 pm. Please call (949) 351-8493 to RSVP as space is limited.** www.laukunedo.com

Instructors: Tai Weidmann and Mathew Carver

Fee: \$80 per participant – 4 week session

Location: Lau Kune Do School of Martial Arts
(22762 Aspan St #207)

To Register: On-line, Mail In, Walk-In

For more info call: Lau Kune Do Temple of Martial Arts at 351-8493

Act#: 1641	5-9 yrs	Jun 21-Jul 14	Mon/Wed	3:00-4:00 pm
Act#: 1642	5-9 yrs	Jun 22-Jul 15	Tue/Thu	4:00-5:00 pm
Act#: 1643	10-15 yrs	Jun 21-Jul 14	Mon/Wed	4:00-5:00 pm
Act#: 1644	10-15 yrs	Jun 22-Jul 15	Tue/Thu	3:00-4:00 pm

Tennis For Everyone ~ Youth

Children are invited to learn to play this fascinating sport. Participants will do it all, from drills to match play, in a fast-paced, fun-filled environment. Please bring an unopened can of tennis balls to the first class meeting.

Instructor: Fabian Grassini Tennis & Sports Staff

Fee: \$95 per participant – 8 week session

Materials Fee: A \$10 T-shirt fee (uniform) payable to the instructor first day of class.

Location: Pittsford Park (21701 Pittsford Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1649	3-5 yrs	Jun 28-Aug 16	Mon	3:30-4:30 pm
Act#: 1650	6-7 yrs	Jun 28-Aug 16	Mon	4:30-5:30 pm
Act#: 1645	8-12 yrs	Jun 28-Aug 16	Mon	5:30-6:30 pm
Act#: 1646	3-5 yrs	Jun 30-Aug 18	Wed	3:30-4:30 pm
Act#: 1647	6-7 yrs	Jun 30-Aug 18	Wed	4:30-5:30 pm
Act#: 1648	8-12 yrs	Jun 30-Aug 18	Wed	5:30-6:30 pm

Why did that
class get
cancelled?



Be sure to pre-register for our classes and programs.

Your registration may make the difference between a class taking place or being cancelled! For more specific info on how to register for any of our programs, see page 35.

Family

A Tribute to "The Sound of Music" Auditions and Performance

A live stage performance of this family classic will be portrayed by the Lake Forest Players as they present their own interpretation of one of the most famous musicals of all time. Excerpts of scenes and music from the original production will be performed to bring back the charm and fond memories of this great American tale. Ages 8 and up are welcome at the free auditions which will include cold readings from the script. There will be a total of 3 performances on August 13th, 14th, and 15th at the conclusion of this course.

Walk-in Auditions: Sunday, June 27 from 1:00-4:00pm (FREE)
Callbacks: Wednesday, June 30 from 6:30-10:00pm (FREE)

Instructor: Robert Michael Conrad

Fee: \$150 – Rehearsal course*

Material Fee: \$50 due to the instructor during the first rehearsal date*

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: Walk-In after receiving a role

For more info call: The City of Lake Forest at 461-3450

Act#: TBD 8 yrs-Adult Dates TBD Sun Times TBD

***Fees only applicable to those who receive a role in the production**

Beginning Guitar

Playing the guitar is an enjoyable way to enrich your life through music. This class is designed to build a strong foundation for people with no experience playing the guitar. Students will learn several open position chords and many strum styles and time signatures. Students must bring their own guitar and tuner.

Instructor: Ron Gorman

Fee: \$95 – 5 week session

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1651 Families Jun 23-Jul 21 Wed 4:30-5:30 pm

For your convenience, we offer on-line registration for the majority of our classes and programs. You can set up your own family account on-line to make it more efficient to register. If you know you have an existing family account but can't remember your login and user ID, please don't set up another account. Just give us a call at 461-3450 and we will give you your original info!



Dog Obedience Class

This class focuses on basic obedience and solving behavior problems such as biting, jumping, barking, chewing, and digging. The primary goal is to turn the unruly pet into an enjoyable, well-mannered companion and a member of the family. Do not bring dog to first class. Owner must provide proof of vaccinations, choke chain, and leash. This course is designed for dogs at least 4 months of age or older.



"Zeb" Gaylord

(Participants who show proof of adopting an animal from the Orange County

Animal Shelter within six months of the adoption date, will receive a 25% discount on the registration fee. Only valid for Mail-in and Walk-In registration with copy of adoption papers. On-line registration is not available for discount program.)

Instructor: Mari Quillman

Fee: \$65 – 8 week session

Location: Heroes Park (25420 Jeronimo Road)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1679 Families Jun 9-Jul 28 Wed 7:00-8:00 pm

Seriously Awesome Sitters

Here's the ultimate babysitter preparation class! Not only will you become certified in Basic First Aid and Adult, Child and Infant CPR, but you'll also learn how to market your services, safely care for children, make healthy snacks, and entertain kids so that you'll be recognized as an awesome sitter that will be asked back again and again! **(An additional \$40 material fee is payable to the instructor in class for training manuals, certification cards, mannequins, supplies, etc).** Please bring a self-addressed stamped envelope, pen/pencil, lunch, and infant-sized doll or Teddy Bear to class.

Instructor: Workshops on Wellness – Sabrina Bradley, MS, CHES

Fee: \$28 – one time workshop

Material Fee: An additional \$40 material fee is due to instructor the day of class

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1652 10-Adult Jul 24 Sat 10:00 am-5:00 pm

Be sure to pre-register for our classes and programs. For more info see page 35.

CPR: Adult, Child & Infant

The ability to perform CPR properly is a lifesaving skill that everyone could benefit from learning. This American Safety and Health Institute (ASHI) course meets the requirements of OSHA and is EMSA approved for daycare providers. This course covers CPR and the Heimlich maneuver for adults, children and infants. In addition, each participant will have his/her own 2 mannequins on which to practice. Participants will receive a certification card which is valid for 2 years. **Participants should bring a self-addressed stamped envelope.** *Please Note:* This is not a Healthcare Provider level course. **(Pre-registration is required for this course and space is limited.)**

Instructor: Workshops on Wellness – Sabrina Bradley, MS, CHES

Fee: \$28 – one time workshop

Material Fee: An additional \$13 material fee is due to instructor the day of class

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1653	10-Adult	Jun 9	Wed	7:00-9:45 pm
Act#: 1655	10-Adult	Jul 24	Sat	12:30-3:00 pm

Basic First Aid

This American Safety and Health Institute (ASHI) course meets OSHA requirements and is EMSA-approved for daycare providers. This course covers how to treat bleeding, burns, shock and other emergencies. Participants will receive a First Aid card valid for three years. **Participants should bring a self-addressed stamped envelope.** *Please Note:* This is not a Health Care Provider level course.

Instructor: Workshops on Wellness – Sabrina Bradley, MS, CHES

Fee: Free **(Pre-registration is required for this course and space is limited)**

Material Fee: An additional \$13 material fee is due to instructor the day of class

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1656	10-Adult	Jul 24	Sat	3:00-5:00 pm
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3 easy ways to register:



on-line, mail-in or walk-in!

Turn to pages 35-36 for more info.

Lake Forest Residents: Tuesday, May 18

Non-Residents: Tuesday, May 25

Adult

Genealogy - Getting Started

Come and learn why genealogy has become a fascination and hobby for so many people worldwide. Discover your ancestry and family history that helped formed who and what you are today. This class will cover all the basics needed to trace your family lineage with the assistance of a family history consultant. Please bring a notebook for handouts during the first class meeting.

Instructor: Alice Volkert

Fee: \$50 – 6 week session

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1657	Adult	Jun 9-Jul 14	Wed	7:00-8:00 pm
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Floral Design Workshops

Learn how to create artistic flower arrangements like a professional designer. These classes focus on basic floral design skills along with an introduction to design tools, flower descriptions and seasonal availability. Each student will create a beautiful flower arrangement using colors and flowers of the season. Students need to bring floral shears, wire cutters and scissors to class. Each workshop focuses on a different aspect of floral design. Note: The flower arrangements retail for approximately 85.00 and will be taken home by the students.

Instructor: Theresa Hoefnagels

Fee: \$30 – 1 day workshop

Materials Fee: An additional cash-only material fee of \$35 due to instructor at first class meeting

Location: Lake Forest Community Center
(25550 Commercentre Dr)

To Register: On-line, Mail-In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1658	Basic Design	Adult	Jun 23	Wed	6:00-8:30 pm
Act#: 1659	Party Design	Adult	Jul 7	Wed	6:00-8:30 pm
Act#: 1660	Wedding Bouquet	Adult	Jul 14	Wed	6:00-8:30 pm
Act#: 1661	Wedding Centerpiece	Adult	Jul 28	Wed	6:00-8:30 pm



Kung Fu: Self-Defense

Over the course of 8 structured classes, we will focus on self-defense, fitness and self-knowledge. Kung fu is a self-defense system that can save people's lives. It also strengthens tendons, stretches muscles and invigorates joints and tissues. Kung fu challenges your body and mind, cultivates self-discipline and increases strength and flexibility. **Free demo classes will be held on Monday, June 14th at 7:00pm and Tuesday, June 15th at 6:00pm, please call (949)351-8493 to RSVP as space is limited.** In order to insure quality instruction and comfort, there is a **15-student limit** for this class. **CLASSES MEET TWICE A WEEK.**

Instructors: Mathew Carver and Paul Bennett

Fee: \$100.00 per participant – 4 week session
(attend 2 classes per week)

Location: Lau Kune Do School of Martial Arts
(22762 Aspan St #207) www.laukunedo.com

To Register: On-line, Mail In, Walk-In

For more info call: Lau Kune Do Temple of Martial Arts at 351-8493

Act#: 1662	Adult	Jun 21-Jul 14	Mon/Wed	10:00 -11:00 am
Act#: 1663	Adult	Jun 21-Jul 14	Mon/Wed	7:00-8:00 pm
Act#: 1664	Adult	Jun 22-Jul 15	Tue/Thu	6:00-7:00 pm

Tai Chi: Relaxation, Balance and Stress Reduction

Over the course of 8 structured classes, you will learn to cultivate your own internal energy and reduce stress the natural way with the flowing, gentle art of tai chi. This meditative art focuses on relaxation, stress reduction and returning the body to its natural state of balance. You can expect your energy levels to skyrocket while your circulatory, nervous and respiratory systems strengthen and harmonize. Tai chi increases flexibility through simple stretching and helps galvanize the joints, tendons and bones from degenerating diseases, accidents or over-use. Please wear comfortable, loose fitting clothing. In order to ensure quality instruction and comfort, there is a **15-student limit** for this class. **Free demo classes will be held on Monday, June 14th at 6:00pm and Tuesday, June 15th at 7:00pm. Please call (949) 351-8493 to RSVP as space is limited.**

Instructors: Mathew Carver

Fee: \$100.00 – 4 week session (attend 2 classes per week)

Location: Lau Kune Do School of Martial Arts
(22762 Aspan St #207) www.laukunedo.com

To Register: On-line, Mail In, Walk-In

For more info call: Lau Kune Do Temple of Martial Arts at 351-8493

Act#: 1667	Adult	Jun 21-Jul 14	Mon/Wed	6:00-7:00 pm
Act#: 1668	Adult	Jun 21-Jul 14	Mon/Wed	9:00-10:00am
Act#: 1669	Adult	Jun 22-Jul 15	Tue/Thu	7:00-8:00 pm

Tennis For Everyone ~ Adult

You will do it all, from drills to match play, in a fast-paced, fun-filled environment. Please bring an unopened can of tennis balls to the first class meeting. A \$10 T-shirt fee (optional) is payable to the instructor on the first day of class.

Instructor: Fabian Grassini Tennis & Sports Staff

Fee: \$95 per participant – 8 week session

Location: El Toro Park Tennis Courts (23701 Los Alisos Blvd)

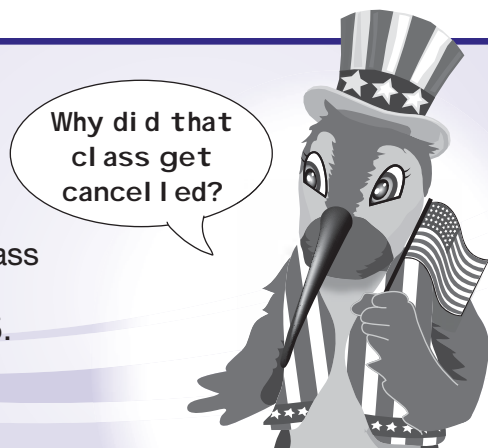
To Register: On-line, Mail In, Walk-In

For more info call: The City of Lake Forest at 461-3450

Act#: 1670	16 yrs & up	Jul 10-Aug 28	Beg Sat	9:00-10:00 am
Act#: 1671	16 yrs & up	Jul 10-Aug 28	Int Sat	10:00-11:00 am

Be sure to pre-register for our classes and programs.

Your registration may make the difference between a class taking place or being cancelled! For more specific info on how to register for any of our programs, see page 35.



SPECIAL NEEDS

us too gymnastics, inc.
For Kids who need a little extra help

The City of Lake Forest in conjunction with Us Too Gymnastics is excited to be able to offer recreation programs for children with special needs.

Us Too Gymnastics ~ Mommy and Me

Our gymnastics class is specifically designed for children and teens with special needs (autism, down syndrome, etc.) Your child will learn basic gymnastics, while working on social behaviors and taking turns, but most of all they will have fun. The ratio for our classes is 3-5 students with 2 teachers. Times may vary depending upon your child's ability level.

Instructors: Dena Lusardi, Sommer Smith and Jordan Richard

Fee: \$125 per month, one session a week for 45 minutes
\$75 for Mommy & Me per month

Location: 25 Spectrum Pointe Dr #405

To Register: Mail-In, Walk-In. Online registration is not available for this program.

For more info call: The City of Lake Forest at 461-3450

Act#: 1672	Walking-12 yrs	Mommy& Me	On-going	Sat	10:00-10:30 am
Act#: 1673	Walking-12 yrs	Beginner	On-going	Mon-Fri	TBD
Act#: 1674	Walking-12 yrs	Intermediate	On-going	Mon-Fri	TBD



Pragmatics, Gymnastics, Discussion and Percussion

Social skills taught in themed weeks including a drum circle, community outings, gymnastics and recess play. Ideal for kids 7-11 needing a little extra help with topic maintenance, using expressions, reading social cues, accepting losing/being chosen last on a team, being a good sport, and much more.

Instructor: Shaun Howell M.S. CCC-SLP

Fee: \$60 per session

Location: 25 Spectrum Pointe Dr #405

To Register: Mail-In, Walk-In. Online registration is not available for this program.

For more info call: The City of Lake Forest at 461-3450

Act#: 1675 7-11 yrs On-going Fri 5:00-6:00 pm

Us Too Tap

Let your child tap their troubles away. This class will teach your child basic tap skills while they tap their feet to a real cool beat.

Instructor: Dawn Ferry

Fee: \$45 per month, one session a week for 30 minutes

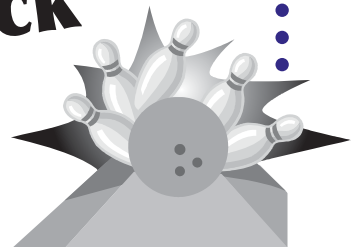
Location: 25 Spectrum Pointe Dr #405

To Register: Mail-In, Walk-In. Online registration is not available for this program.

For more info call: The City of Lake Forest at 461-3450

Act#: 1676 All Ages Ongoing Sat 10:00-10:30 am

Saddleback Strikers!



A summertime bowling league for those with special needs... For ages 5 to young adult.

The group meets each Wednesday from June 30 to August 4 at 6:30 pm at Saddleback Lanes in Mission Viejo for two games of bumper bowling.

This is a non competitive, low stress environment designed to provide physical activity and socialization for those with special needs.

Space is limited, and pre registration is required. Please contact Terrie Gero at **tgero@cox.net** regarding cost and registration information.



Save the date for these great upcoming Fall events...



The Third Annual **Haunt at Heritage Hill**

"Friday Night Fright"

Friday, October 15

5:30-10 pm



Autumn Harvest Festival

"The Adventure Continues"

Saturday, October 16

4-9 pm



Look for your Fall Leisure Times at the end of July for more info!



Summer 2010 Programs



El Toro Branch Library

24672 Raymond Way • 855-8173

ADMISSION FREE:

All programs made possible through the generosity of The Friends of the El Toro Library

SUMMER READING PROGRAMS

Thursday, July 1-Saturday, July 31

Read books and earn prizes!

- **"Make A Splash: Read:"** Any age up to 12 years may participate; children too young to read themselves may count "listening" minutes.
- **"Make Waves At Your Library:"** Ages 12-18.

Also check out the Summer Reading Program for adults. Why let the kids have all the fun?

PRESCHOOL PROGRAM Ages 3-5

Singer/Storyteller Carrie Higgins:

Thursday, July 29, 3 p.m. Interactive stories and songs.

SCHOOL AGE PROGRAMS Ages 4-12

45-60 minute programs beginning at 3 p.m.

- **Pacific Animal Productions:** Wednesday, June 30
Meet wild animals.
- **Juggler David Cousin:** Wednesday, July 7
- **Science On The Go:** Wednesday, July 14
"Mighty Giants of the Sea:" A "hands-on" experience.
- **Dave Skale The Magician:** Wednesday, July 21
- **Kelly's Festival Of Songwriting Extravaganza:**
Wednesday, July 28 Re-write lyrics to popular songs.
- **Puppet Art Theater Co.:** Wednesday, August 4
"Tommy's Splashy Pirate Adventure."

TEEN PROGRAM Ages 12-18

1 hour programs at 3:00 pm

- **Graphologist Paula Sassi:** Thursday, July 8
"Handwriting Analysis – a Key to Self Expression."
What does your handwriting say about you?

Foothill Ranch Library

27002 Cabriole Way • 855-8072

ADMISSION FREE:

All programs made possible through the generosity of The Friends of the Foothill Ranch Library

SUMMER READING PROGRAMS

Thursday, July 1 –Saturday, July 31

Pre-registration sign-ups for **"Make a Splash"** begin June 28 at the Information Desk. Weekly prizes and incentives will be awarded beginning July 6.

CHILDREN'S PROGRAMS

All special programs begin at 3 p.m.

- **Sidewalk Chalk Art on the Patio:**
Monday, June 28
- **Annie Bananie and Her Balloon Story Theatre:**
Monday, July 12
- **Wild Wonders Live Animal Show:**
Monday, July 19
- **The Magic of David Skale:**
Monday, July 26
- **Story Times for Children (20-30 minutes),**
Tuesdays, July 6-27
- **Pre-School story times for ages 3-5 at 10:30 a.m.**
- **Toddler story time for ages 0-3 at 11:30 a.m.**
Super stories, fun fingerplays, and remarkable rhymes. Walk-ins welcome.

TEEN PROGRAM Ages 13-18

Read books or listen to audiobooks and get a "sweet" prize each week. In addition, you can enter a drawing each week for movie passes and for the Grand Prize certificate to a local bookstore. Submitting book reviews increases your chances of winning!

ADULT PROGRAM Ages 18+

Adults are invited to read or listen to audiobooks and enter the drawing for gift cards to local restaurants. The more you read, the more chances you have to win.

Visit www.ocpl.org for more info

HOW TO REGISTER

Summer 2010 Registration Dates

Lake Forest Residents: Tuesday, May 18

Non-Residents: Tuesday, May 25



3 easy ways to register:

1 ON-LINE REGISTRATION

Call the City of Lake Forest at 461-3450 to get your Family On-Line Account set-up. We recommend calling prior to **Tuesday, May 18**.

Go on-line to <https://online.activecommunities.com/lfreonline> to register or visit the City's website at www.lakeforestca.gov and click on the on-line registration button located under Recreation Services or on the left hand side of the home page.



2 MAIL-IN REGISTRATION

Complete the Program Registration Form and enclose your check payable to the "City of Lake Forest." Please complete a registration form with a separate check for each program.

Mail to: City of Lake Forest, Attn: Program Registration,
25550 Commercentre Drive, Suite 100
Lake Forest, CA 92630



3 WALK-IN REGISTRATION

Bring the Program Registration Form, your check, or cash to City Hall, located at 25550 Commercentre Drive (2nd floor), Lake Forest, CA 92630.



Refund Policy

1. A full refund will be given for any activity cancelled by the City of Lake Forest.
2. In the case of a City excursion, if a refund is requested and the City is able to fill the spot, the participant will receive a full refund minus the \$10 administrative fee.
3. In the case that the City is not able to fill the spot, no refund will be given. Refunds may take up to 30 days to process from the date of cancellation of a program.
4. **Tickets that are purchased for City of Lake Forest Excursions are non-transferable.**
5. Refunds will not be given for any portion of recreation classes after the second meeting of the class has taken place. If a refund is requested prior to the second week of class, a refund will be given minus a \$10 administrative fee.
6. Refunds are not given for any program that may be cancelled with a fee of \$5 or less per participant.

Credit Card Payments are not accepted at City Hall for programs.

General Information

1. All programs are subject to cancellation or schedule changes.
2. We do not pro-rate any of our classes or programs; late registrants will be obligated to pay full price for the course.
3. In the case that we receive your Program Registration Form and the activity is full, we will put you on the wait list. You will receive a mailed notification if this occurs.
4. Please submit a separate check for each program with your registration form. In the case that you do submit one check for numerous activities and one of them is full, we cannot process your registration and it will be returned to you.
5. Returned check policy: If your check is returned to us, you will be charged a \$25.00 fee in addition to the amount of the original check. You will be prohibited from registering for future programs until any returned check issues are resolved.
6. Activities may be cancelled if the minimum is not met. You will be contacted if a class or program for which you have registered has been cancelled.
7. A \$5.00 non-resident fee will be charged for certain classes and programs, effective Fall 2010.

**Questions on
Registration?
Call 461-3450**





City of Lake Forest • Community Services Division

Program Registration Form

If you need more than one registration form, please photocopy.

PRIMARY CONTACT (responsible adult for registering persons into courses)

Last Name _____	First Name _____	<input type="checkbox"/> Male <input type="checkbox"/> Female
Birthday _____ (mm/dd/yy)	Email _____	
Street Address _____	City, State, Zip _____	
Home Phone () _____	Work Phone () _____	
Emergency Contact _____	Emergency Phone () _____	

OTHER FAMILY MEMBERS living with primary contact (spouse, children, etc.)

Children's birthdates must be filled out completely in order to process registrations.

Last Name	First Name	Birthday	Sex
		(mm/dd/yy)	<input type="checkbox"/> M <input type="checkbox"/> F
		(mm/dd/yy)	<input type="checkbox"/> M <input type="checkbox"/> F
		(mm/dd/yy)	<input type="checkbox"/> M <input type="checkbox"/> F

Activity #	Participant Name	Birthday	Sex	Activity Name	Fees
		(mm/dd/yy)	<input type="checkbox"/> M <input type="checkbox"/> F		
Please send a separate check for each activity					Total Activity Fees

REFUND POLICY In the case of a city excursion, if a refund is requested and the city is able to fill the spot a full refund minus the \$10 administrative fee will be given to the participant. In the case that the city is not able to fill the spot no refund will be given. Refunds may take 30 days from date of cancellation to process. Refunds will be not be given for any portion of recreation classes after the second meeting of the class. In the case they are requested prior to the second class meeting, a full refund minus the \$10 administrative fee will be given. Refunds are not given for any program that may be cancelled with a fee of \$5 or less per participant.

 **If you need special assistance for this program, please contact the Recreation Division ASAP at 461-3450.**

PARTICIPANT AND/OR PARENT RELEASE FORM

I hereby consent to treatment and all medical care deemed necessary as a result of accident or injury. ☐ Yes ☐ No
 I further agree to pay any and all costs incurred as a result of said treatment.

I permit the use of activity/event photography and/or video of my child or myself for media promotion. ☐ Yes ☐ No
 Please contact me via email regarding upcoming city events and news at: _____ ☐ Yes ☐ No

I agree to waive and release the City of Lake Forest (City), its officers, agents, employees and volunteers, from and against any claims, costs, liabilities, expenses or judgments, including attorney's fees and court costs arising out of my participating in the City's Programs or any illness or injury resulting therefrom, and hereby agree to indemnify and hold harmless the City from and against any and all claims, except for illness and injury resulting directly from gross negligence or willful misconduct on the part of City or its employees.

I HAVE READ AND UNDERSTAND THIS RELEASE FORM LIABILITY.

Date _____

(Signature) Parent or Guardian must sign for those under 18 years of age

Mail this form with your payment to: **City of Lake Forest**
ATTN: Program Registration
25550 Commercentre Drive, Suite 100
Lake Forest, CA 92630

Questions on
Registration?
Call 461-3450

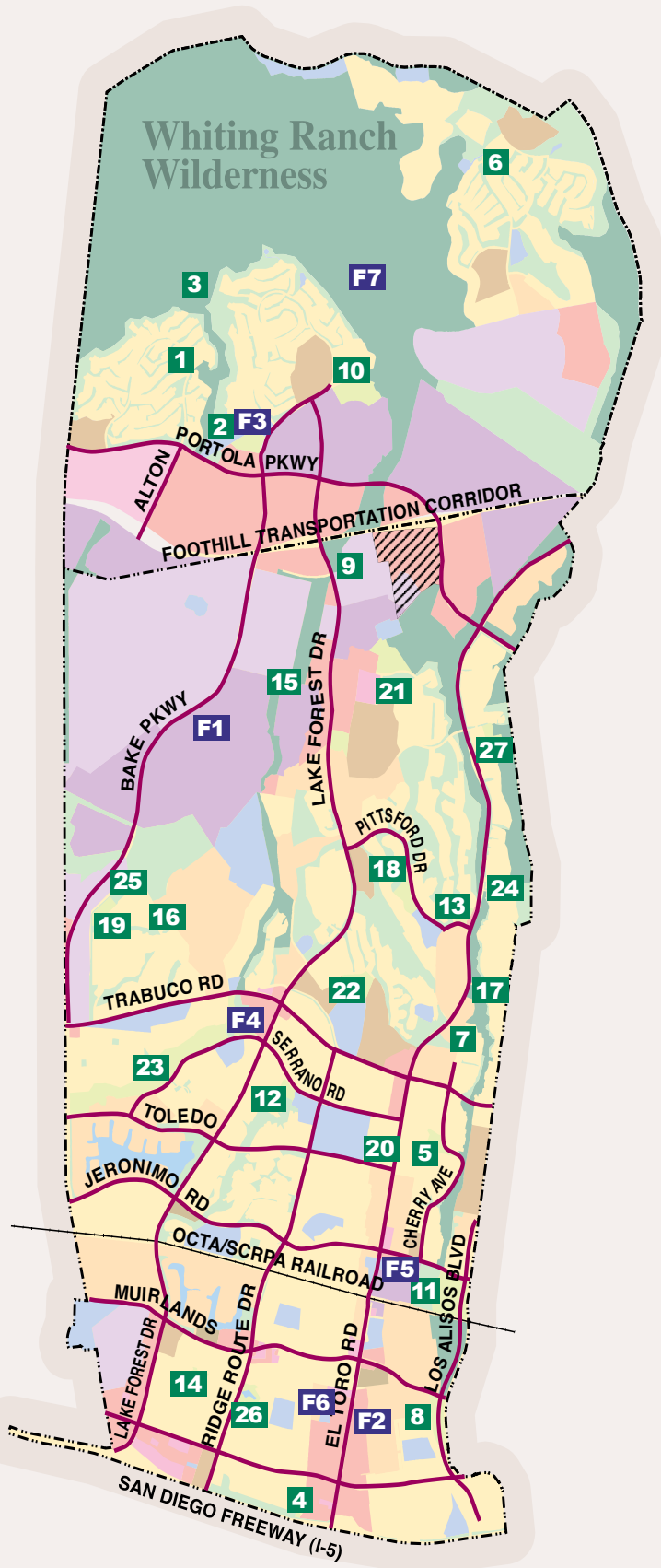


Receipt of this signed form and your payment confirms your registration based upon availability until the activity is full.

Office Use Only	Receipt# _____	Paid by Check# _____	Paid by Cash Amount _____	Initial/ Date _____	Conf _____
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Credit Card Payments are not accepted at City Hall

City Of Lake Forest Park Guide



CITY PARKS

		Acres	Barbecues	Basketball	Playground	Fitness/Walking	Picnic	Restrooms	Soccer	Baseball	Tennis Court
1	Alton Park 18992 Alton Parkway	2.3	4	1 ^{hc}	1		9				
2	Borrego Park 26982 Cabriole	11	5	1 ^{hc}	1	1	11	1	1		
3	Borrego Overlook Park 21 Viaggio Lane	1.6	3		1		5				
4	Cavanaugh Mini Park 23782 Cavanaugh Road	0.2		1 ^{hc}	1		1				
5	Cherry Park 22651 Cherry Avenue	4.5	6	1 ^{hc}	1		4 1 ^s				
6	Concourse Park 18931 Saddleback Ranch Road	7	2	1 ^{hc}	2	1	14 2 ^s				
7	Darrin Park 22461 Cherry Avenue	3.1	6	1 ^{hc}	1		11 1 ^s				
8	El Toro Park 23701 Los Alisos Boulevard	10	4		1		7 1 ^s	1			2 ^L
9	Etnies Skatepark of Lake Forest 20028 Lake Forest Drive	5.3			Skate- park ^L			1			
10	Foothill Ranch Community Park 19422 Rue De Valore	15.5		1 ^{fc}	1	1	7	1	1	2	2
11	Heroes Park 25420 Jeronimo Road	12.4	1			1	2	1	2	4	
12	Lake Forest Park 24000 Serrano Road	2.3			1						
13	Montbury Park 21962 Montbury Drive	3.5	1				2				
14	Mountain View Park 4061 Dylan Street	5.3	3	1 ^{fc} 1 ^{hc}	2		7 1 ^s			1	2 ^L
15	Nature Park 26215 Dimension Drive	4.5				1	1 ^s				
16	Peachwood Park 21132 Peachwood	2.7			1		4				
17	Pebble Creek Park 26441 Pebble Creek Road	1.9			1		1				
18	Pittsford Park 21701 Pittsford Drive	10	2		2	1	8 1 ^s	1			2 ^L
19	Rancho Serrano Park 20842 Paseo Sombra	5.1	3				7				
20	Ranchwood Park 22500 Kilby Street	1.9		1 ^{hc}	1						
21	Regency Park Regency Lane & Osterman Road	5								1	
22	Ringate Park 29772 Ringate	5	1	1 ^{fc}	3		10 1 ^s				1
23	Serrano Creek Park 25101 Serrano Road	44	3		1	1	19 1 ^s	1			
24	Sundowner Park 22041 Sundowners Lane	0.8	1		1		2				
25	Tamarisk Park Tamarisk at Peachwood	11.2		1 ^{fc}	1		11			1	
26	Village Pond Park 23102 Ridge Route Drive	4.7					5				
27	Vintage Park 21000 Vintage Street	4.8	5	1 ^{fc} 1 ^{hc}	1		11				



park shelter available for reservation

- ^{fc} full court
- ^{hc} half court
- ^L lights
- ^s shelter

OTHER FACILITIES

F1	City Hall	25550 Commercentre #100	461-3400
F1	Community Center	25550 Commercentre	461-3450
F2	El Toro Library	24672 Raymond Way	855-8173
F3	Foothill Ranch Library	27002 Cabriole	855-8072
F4	Heritage Hill Historical Park	25151 Serrano Road	923-2230
F5	Lake Forest Golf	23308 Cherry Avenue	859-1455
F6	El Toro Post Office	24522 Raymond Way	837-1976
F7	Whiting Ranch Regional Park	Trabuco Canyon	923-2245



City of Lake Forest
25550 Commercentre Drive
Lake Forest, CA 92630

PRSRT STD
U.S. POSTAGE
PAID
PERMIT NO. 104
LAKE FOREST, CA

Postal Customer
Lake Forest, CA 92630

**Parks
Make
Life
Better!**

*Based on community feedback,
look for renovations at Mountain
View and Concourse Parks!*



- Exercise Course
- Shade Sails Over Playground Equipment
- Additional Benches
- Themed Play Area
- Perimeter Walk
- Mileage Marker
- Restroom



- New Play Area
- Added Trees
- Sand/Water Play Area
- Tree Shaded Benches
- Restroom
- Exercise Course
- Mileage Marker
- Low Water Use Plants